



WHAT TO DO IF A PATIENT TESTS POSITIVE FOR COVID-19

- 1) Complete the Person Under Investigation/Reporting Form (<https://health.hawaii.gov/docd/files/2020/01/Hawaii-PUI-Form-nCoV-2019.pdf>) and fax to HDOH, Disease Outbreak Control Division at (808) 586-4595.
- 2) Inform patient of test results
- 3) To avoid the spread of illness to others, please advise patient of the following (patient handouts: "What To Do If You Test Positive For COVID-19" and "What Contacts Should Do" available at: <https://health.hawaii.gov/coronavirusdisease2019/for-clinicians/resources/>)
- 4) Advise patient to:
 - a. Stay at home until you determine they no longer need to be in isolation (see below)
 - b. Avoid any kind of public transportation, ridesharing, or taxis
 - c. Separate themselves from other people in their home
 - i. Stay in a specific "sick room" if possible
 - ii. Use a separate bathroom if available
 - iii. If they need to be around other people in or outside of the home, wear a facemask
 - iv. Avoid sharing personal items with other people in their household (e.g., dishes, towels, bedding)
 - v. Clean all surfaces that are touched often (e.g., counters, doorknobs). Use household cleaning sprays or wipes according to the label instructions
 - d. Get rest and stay hydrated
 - e. Respond immediately when Department of Health staff calls daily to monitor isolation
 - f. Monitor their symptoms carefully. Notify you immediately if their symptoms get worse
 - g. Call 911 for medical emergencies and notify the dispatch personnel that they have COVID-19
 - h. Cover their coughs and sneezes
 - i. Wash their hands often with soap and water for at least 20 seconds or clean their hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.

DISCONTINUATION OF HOME ISOLATION FOR PERSONS WITH COVID-19

Persons with COVID-19 who have symptoms may discontinue home isolation under the following conditions:

- At least 3 days (72 hours) have passed since *recovery* defined as resolution of fever and myalgias without the use of antipyretic medications

OR

- At least 7 days have passed *since symptoms first appeared*

Whichever is longer and assuming improvement in respiratory symptoms (e.g., cough, shortness of breath)

Note, above is meant as a general guideline. The Department of Health will be monitoring any persons who are identified as positive and will work with providers regarding appropriate release of patients from isolation.