



INFLUENZA ACTIVITY: *MUTATION NATION* MESSAGE CARD

Remember to always wash your hands before eating and drinking, especially if you have been around animals.



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There are three types of influenza viruses. The types of the virus are categorized by the letters A, B and C.



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When an animal becomes ill, separate them from the rest. This reduces the risk of spreading the illness.



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Influenza is primarily a seasonal virus. Most outbreaks happen during the fall and winter.



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The influenza virus mutates as it spreads between species. The most common species infected are humans, swine and birds.