

Special Emphasis Report:

Falls in Older Adults

<CURRENT YEAR>

<STATE>

UNDERSTANDING FALLS IN OLDER ADULTS

[placeholder]

Impact and Magnitude of Falls in Older Adults

During <DATA YEAR>, falls were sustained by <total #> of older adults in <State>. Among those injured, <#> (<rate> per 100,000 population) died where falls in older adults were reported as a cause of death, another <#> (<rate> per 100,000) were hospitalized with a fall in older adults, and an additional <#> (<rate> per 100,000) were treated and released from emergency departments with a fall in older adults. In all instances, falls in older adults could be either the only injury or one of several injuries and/or medical conditions listed. <Information on co-occurring disorders>. <money amount> total charges from hospitalizations and ED visits in <data year> for falls in older adults. Top payers being <insert payer names (ex. Medicaid and Medicare)>

Circumstances of Falls in Older Adults

The following are leading circumstances of deaths, hospitalizations, and ED visits for falls in older adults <list top circumstances>. <Cause> was the leading cause of falls in older adults-related deaths. <Cause> was the leading cause of falls in older adults-related hospitalizations. <Cause> was the leading cause of falls in older adults-related emergency department visits (treated and released).

Falls in Older Adults by Age and Sex

The highest number of falls in older adults-related deaths* were among <sex> ages <insert age range>, as shown in Figure 1. Among those with falls in older adults-related hospitalizations,** persons ages <insert age range> were most affected. Persons ages <insert age range> made the most falls in older adults-related emergency department visits.** <Additional information to note that falls are happening among younger age groups, if

applicable>. <Additional information to discuss data patterns between males and females if applicable>.

* Falls in older adults were reported as a cause of death on the death certificate alone or in combination with other injuries or conditions

** Falls in older adults alone or in combination with other injuries or conditions

FIGURE 1: Falls in Older Adults per 100,000 in <Data Years>

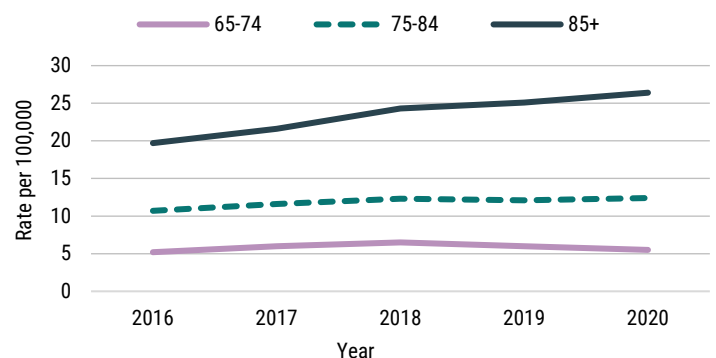
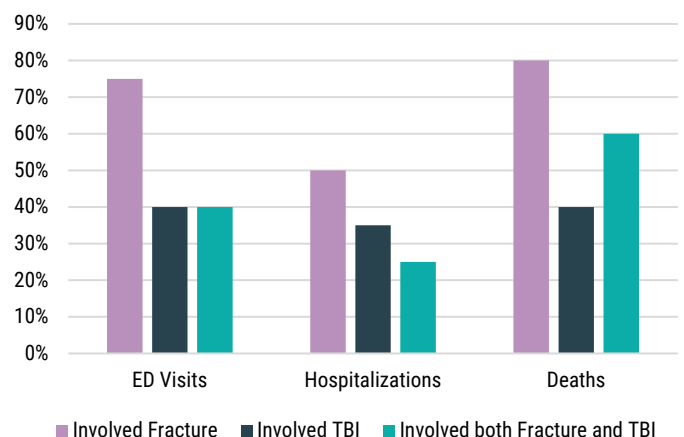


FIGURE 2: Percentage of Annual Falls in Older Adults-Related ED Visits, Hospitalizations, and Deaths by Circumstance in <Data Year>



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Falls in Older Adults by <Group, Health Region, or Location>

Certain populations have higher rates of falls in older adults and may need special prevention measures. The highest rates per 100,000 residents were <in/among> <group or health region>.

<Group, Health Region, Location>	Count	Rate
1.		
2.		
3.		
4.		
5.		

Falls in Older Adults Prevention Strategies

<CDC's National Center for Injury Prevention and Control (Injury Center) is committed to protecting people against preventable older adult falls by putting science into action.>

To Help Older Adults: *Make CDC's STEADI Part of Every Medical Practice.*

STEADI (Stopping Elderly Accidents, Deaths, and Injuries) is a toolkit to help health care providers incorporate fall risk assessment and individualized fall interventions (e.g., exercise, medication management, and Vitamin D supplementation) into their practice. Learn more at www.cdc.gov/STEADI.

To Help Young Athletes: *Get a HEADS UP on Creating a Culture of Concussion Safety in Sports.*

HEADS U P educational materials are designed to support individuals (such as coaches and health care providers) and organizations (such as schools and sports programs) with their concussion safety efforts. Learn more at www.cdc.gov/HEADSUP.

To Help Parents and Teen Drivers: *"Parents Are the Key" to Teen Driver Safety.*

Parents Are the Key materials helps parents, pediatricians, and communities keep teen drivers safe on the road. Parents Are the Key includes evidence-based strategies and can be customized with an organization's logo. Learn more at www.cdc.gov/ParentsAretheKey.

Falls in Older Adults Activities

PREVENTION	< additional information about prevention>
SURVEILLANCE	< additional information about surveillance>
PARTNERSHIPS	< additional information about partnerships>
ACCOMPLISHMENTS/ SUCCESSES	<additional information about accomplishments/successes>
INSURANCE COVERAGE	<additional information about falls in older adults injury management/post-injury long-term care>

Note: Falls in older adults-related cases were identified by first limiting the datasets to injury cases based on external cause of injury (deaths), primary diagnosis (hospitalizations), or both (emergency department visits). All fields were then searched for older adult falls diagnostic codes. For confidentiality and data stability purposes, small counts are suppressed. Suppression rules vary by state and territory, and across datasets. Reference to any commercial entity or product or service on this page should not be construed as an endorsement by the Government of the company or its products or services.