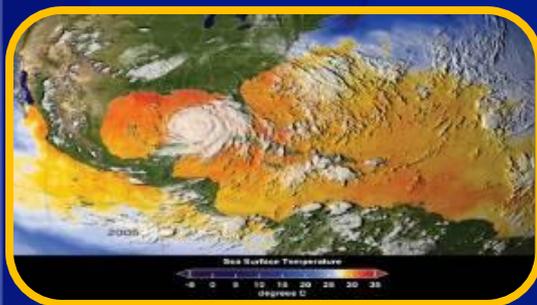


Climate Change: Emerging Public Health Threats



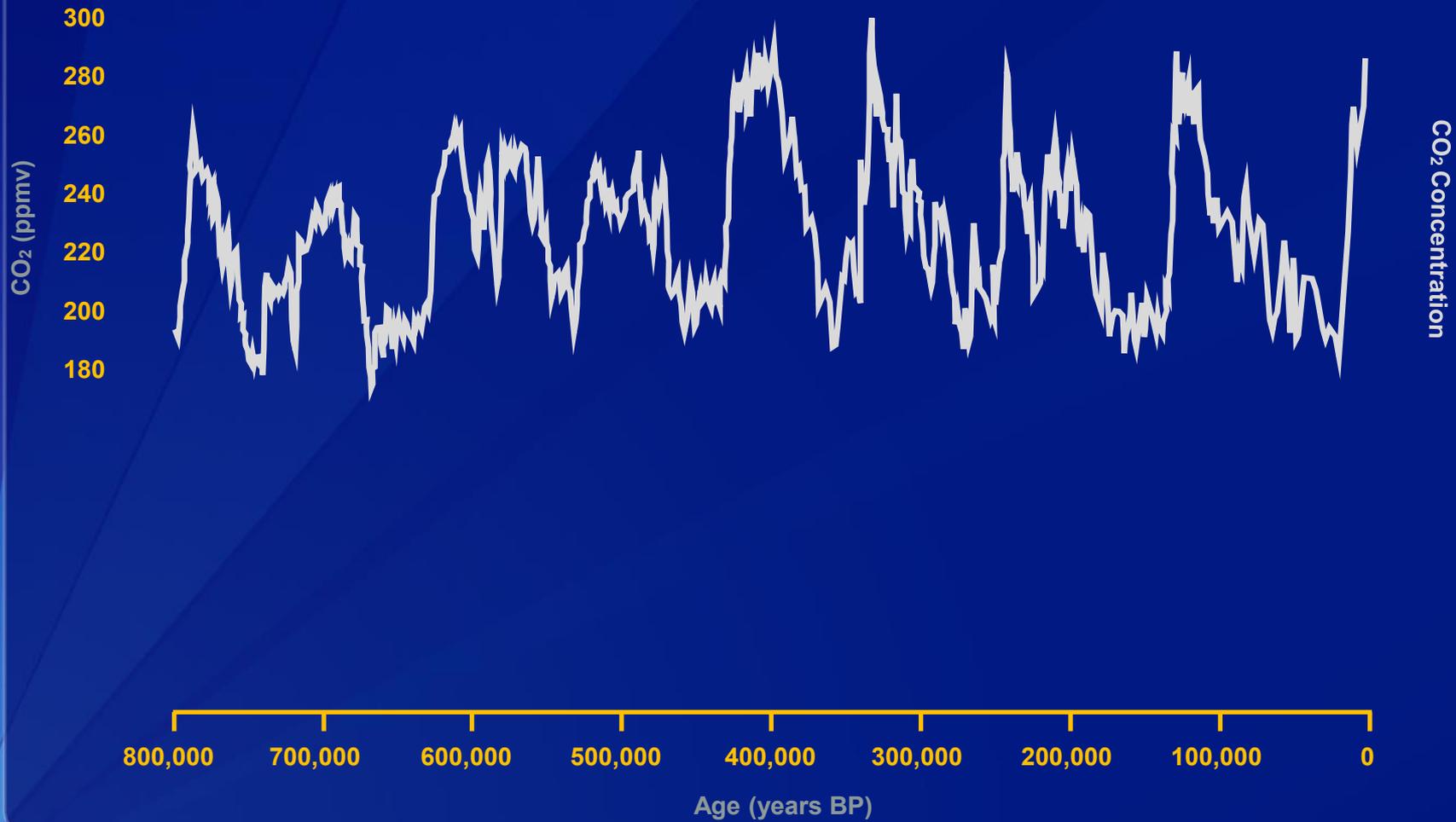
George Luber, PhD
Chief, Climate and Health Program
Centers for Disease Control and Prevention

Council of State and Territorial Epidemiologists webinar
August 4, 2015

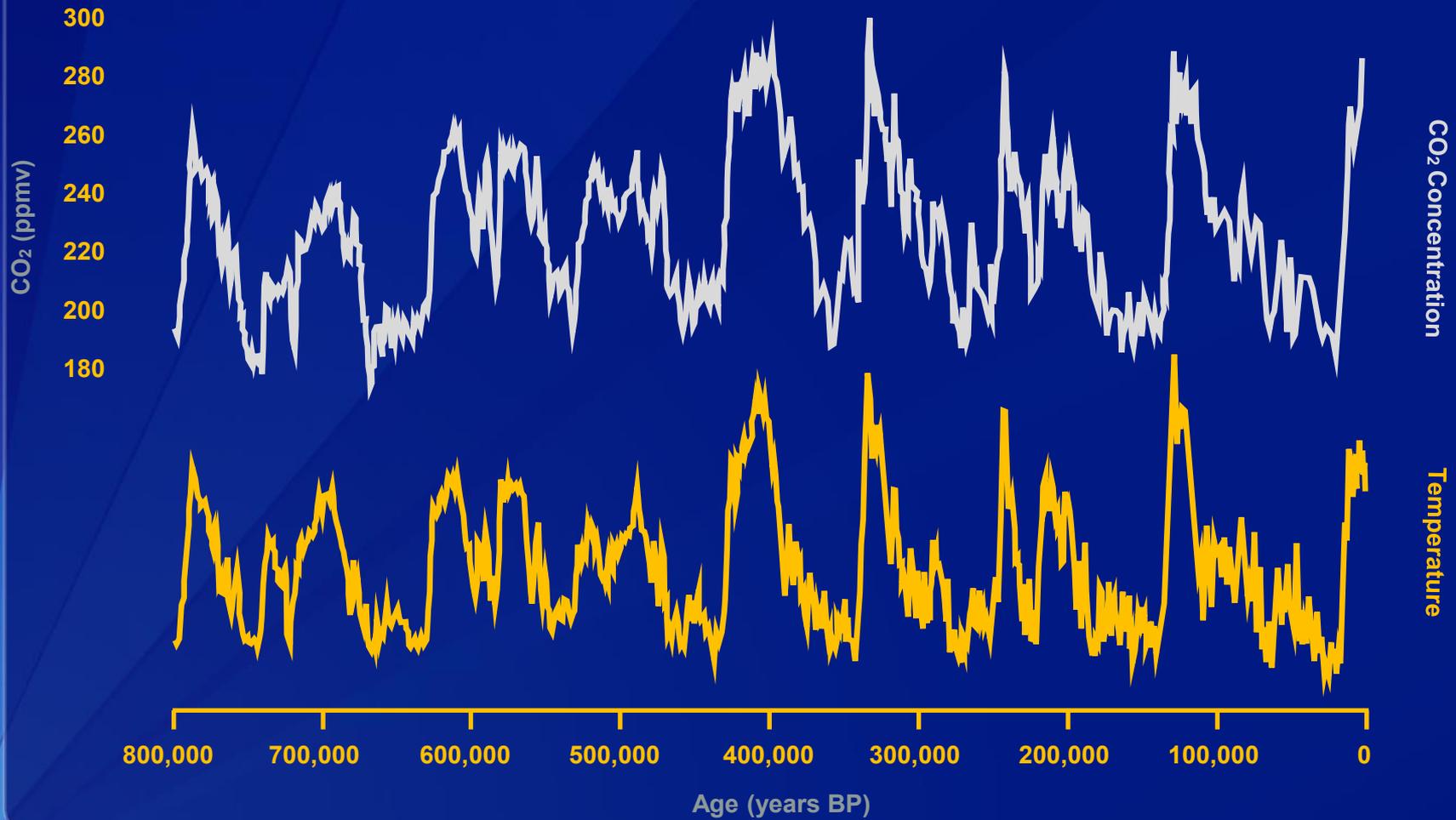
Objectives

- ❑ **Review evidence for climate change and its impact on human health**
- ❑ **Describe CDC efforts to prepare for health effects of climate change**

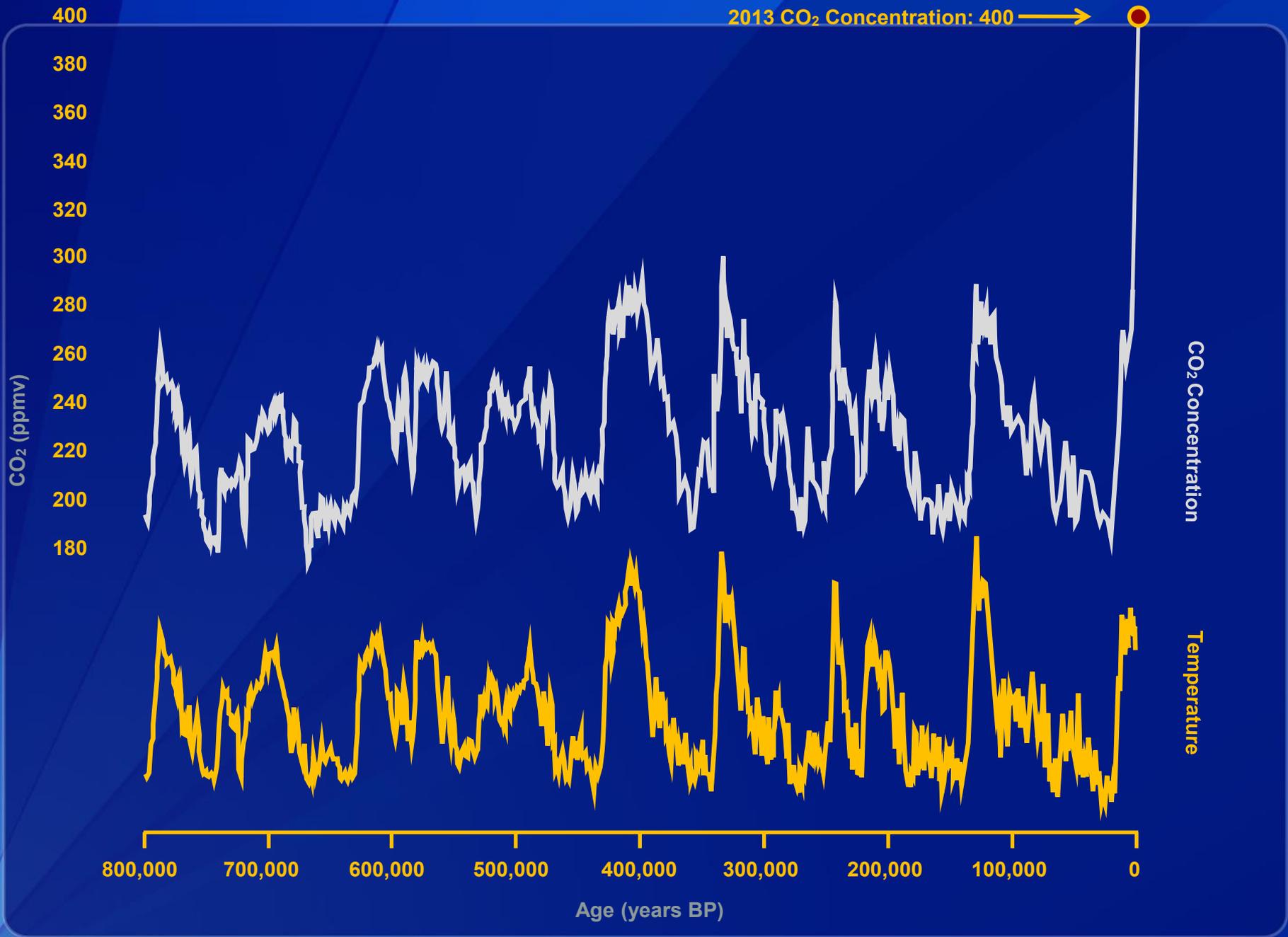




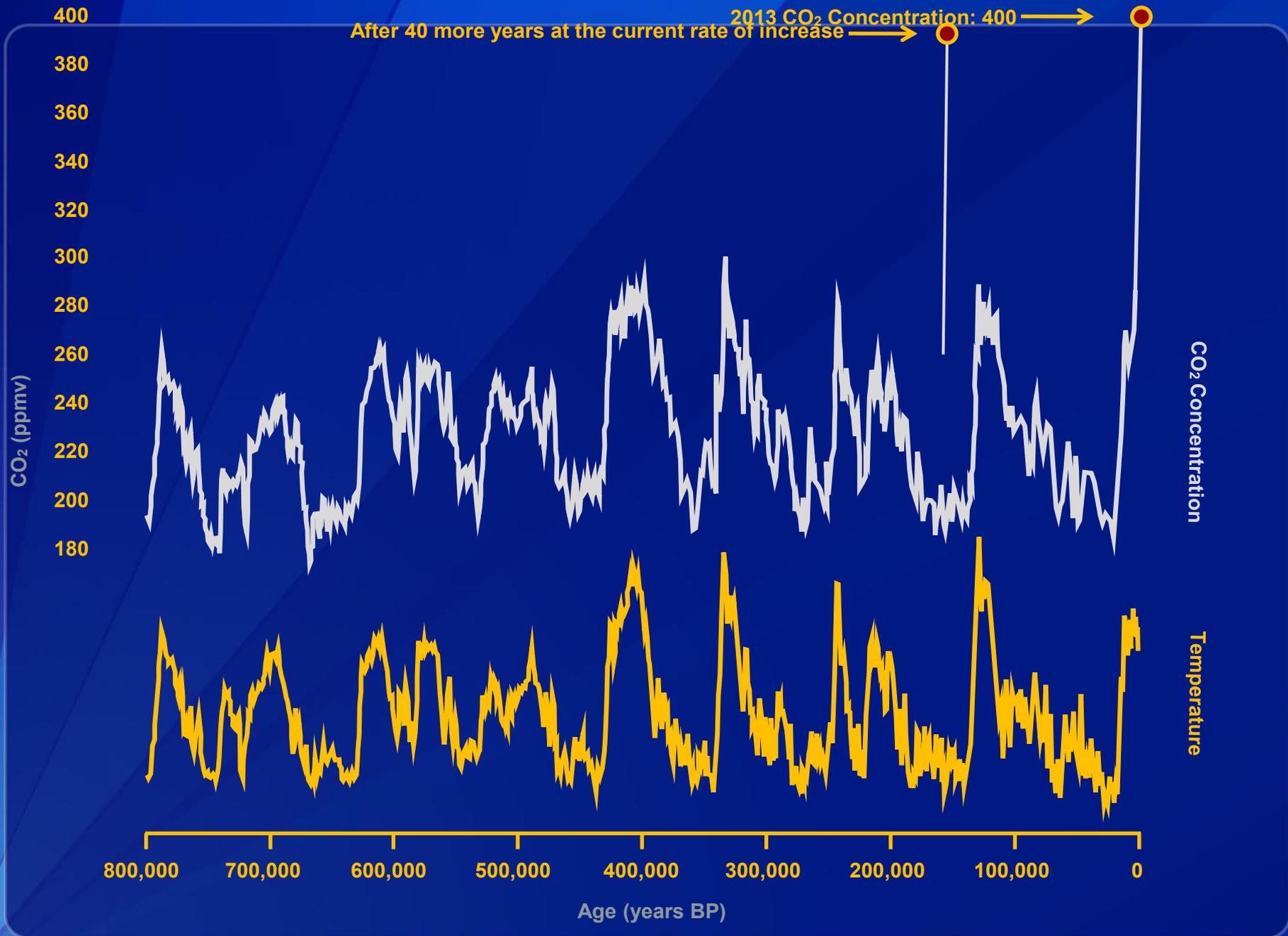
Source: National Climatic Data Center, NOAA



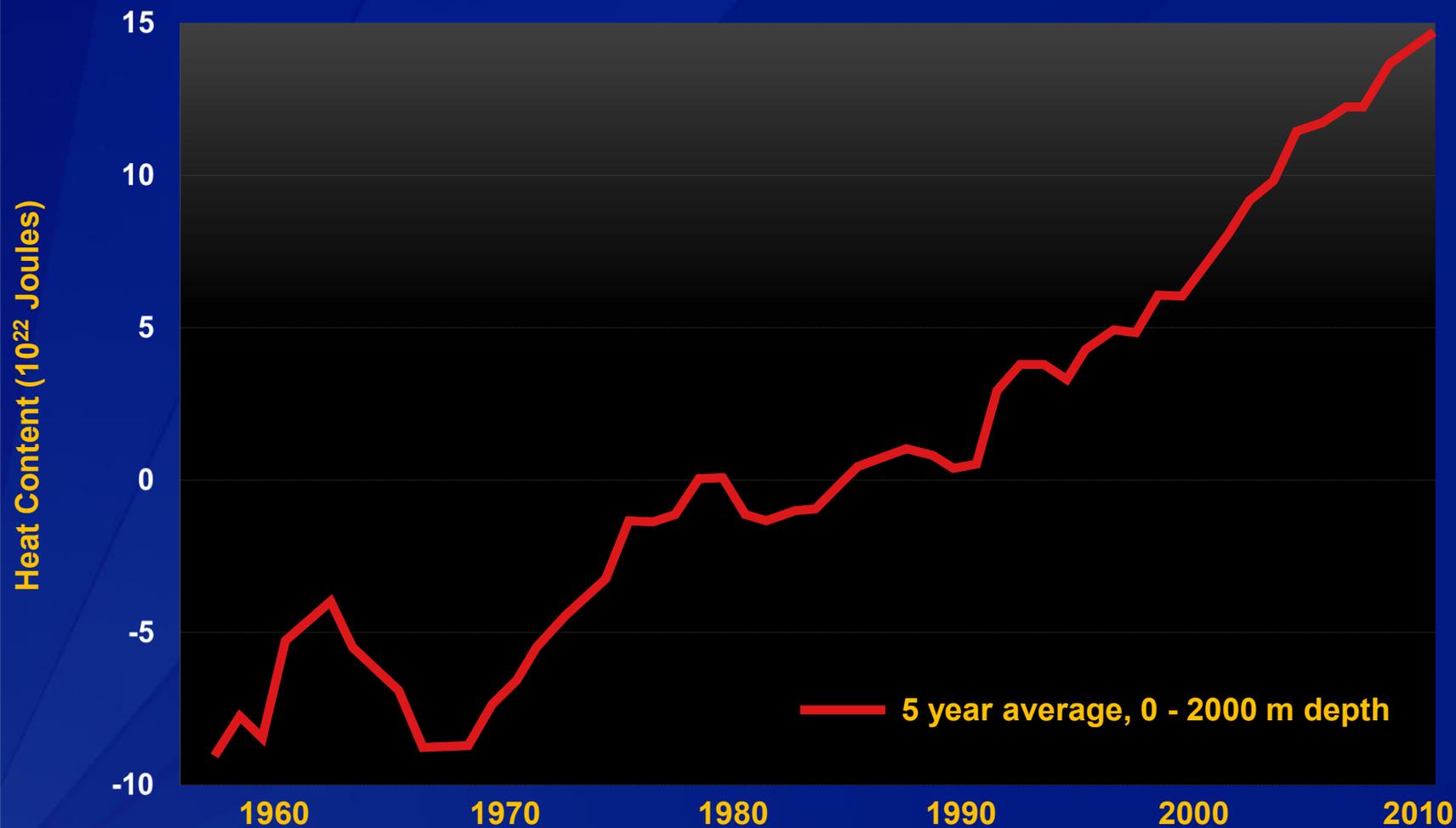
Source: National Climatic Data Center, NOAA



Source: National Climatic Data Center, NOAA



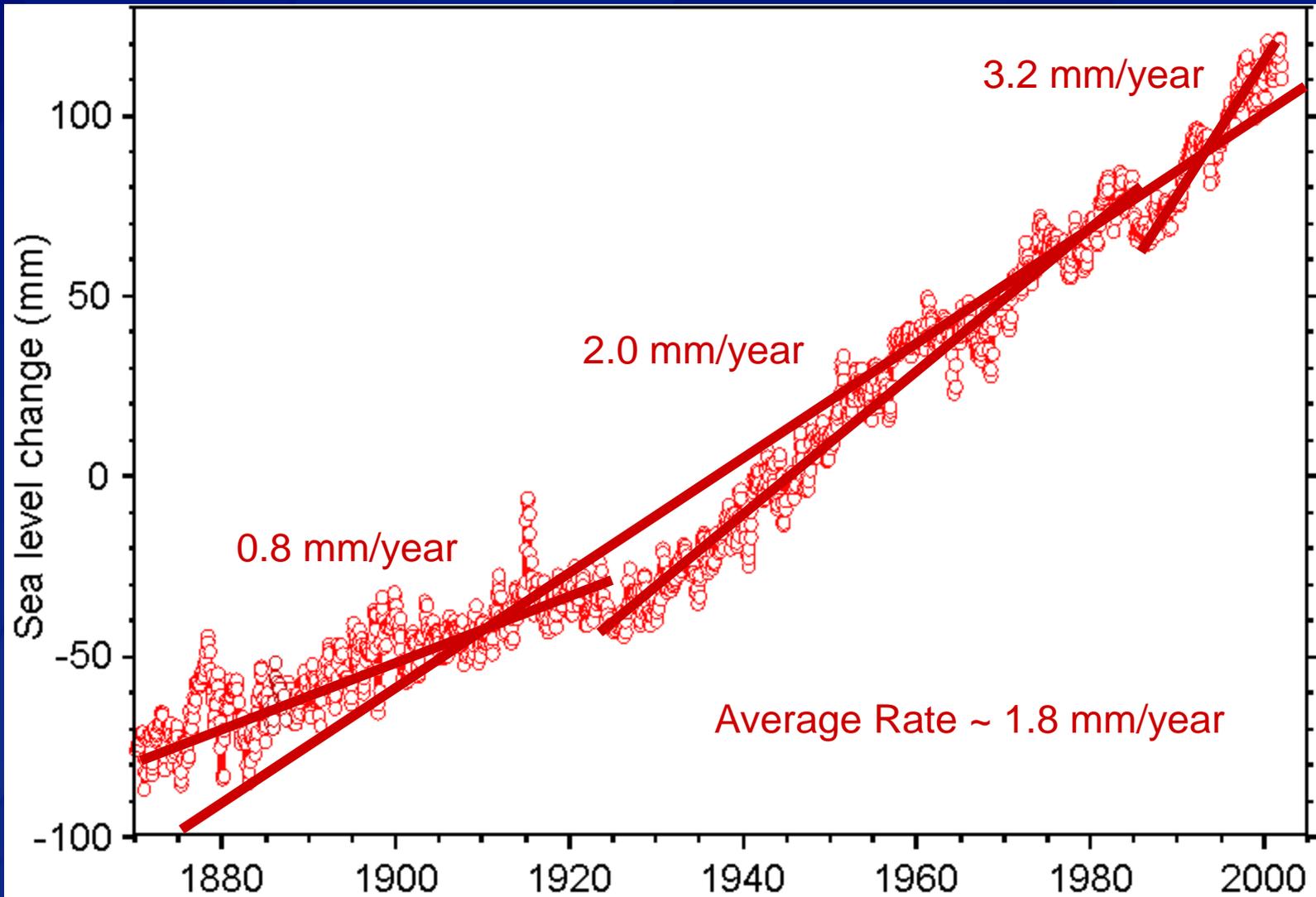
Global Ocean Heat Content 1955 – 2010



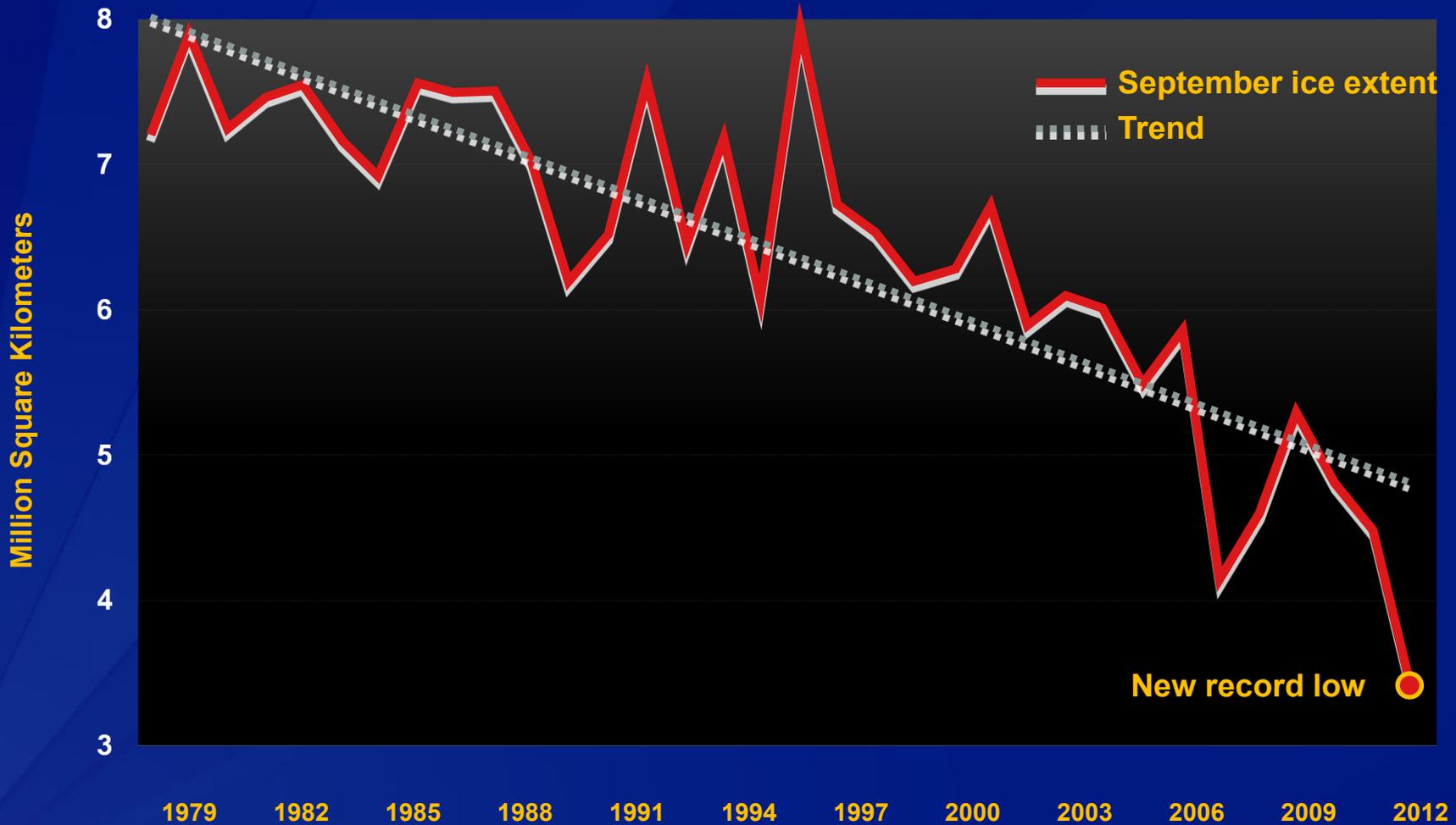
Source: NOAA/NESDIS/NODC Ocean Climate Laboratory, updated from Levitus, S., et al., "World ocean heat content and thermosteric sea level change (0-2000), 1955-2010," *Geophys. Res. Lett.* 39, doi:10.1029/2012GL051106, 2012.

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Accelerating Sea Level Rise



September Arctic Sea Ice Extent 1979 – 2012



Arctic Sea Ice Extent

September 1984

Russia

Greenland

Alaska
(U.S.A)

Canada

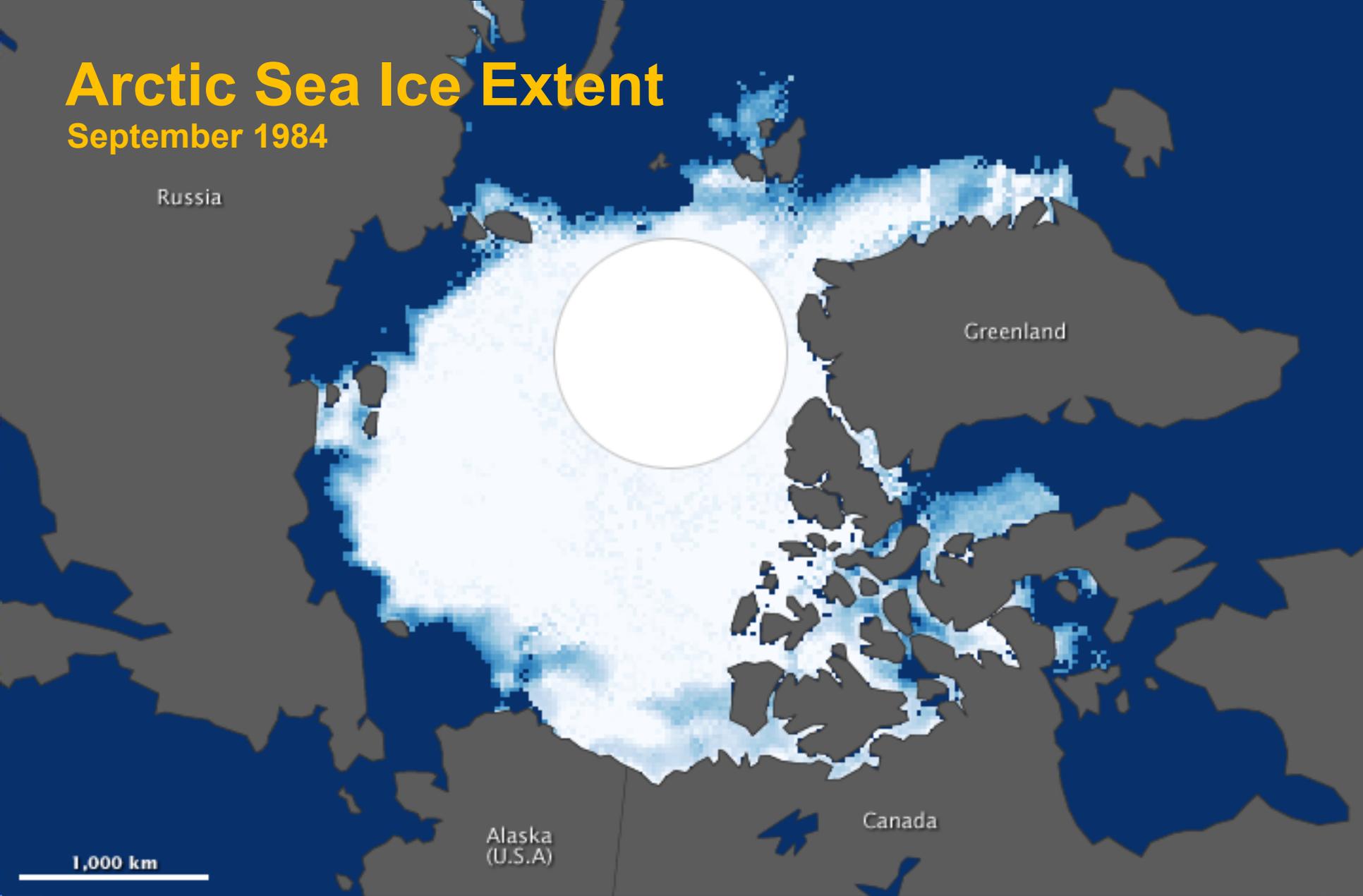
1,000 km

Sea Ice Concentration

0%

100%

Source: NASA Earth Observatory



3rd National Climate Assessment

Key Findings

Increasing Strength of the Evidence

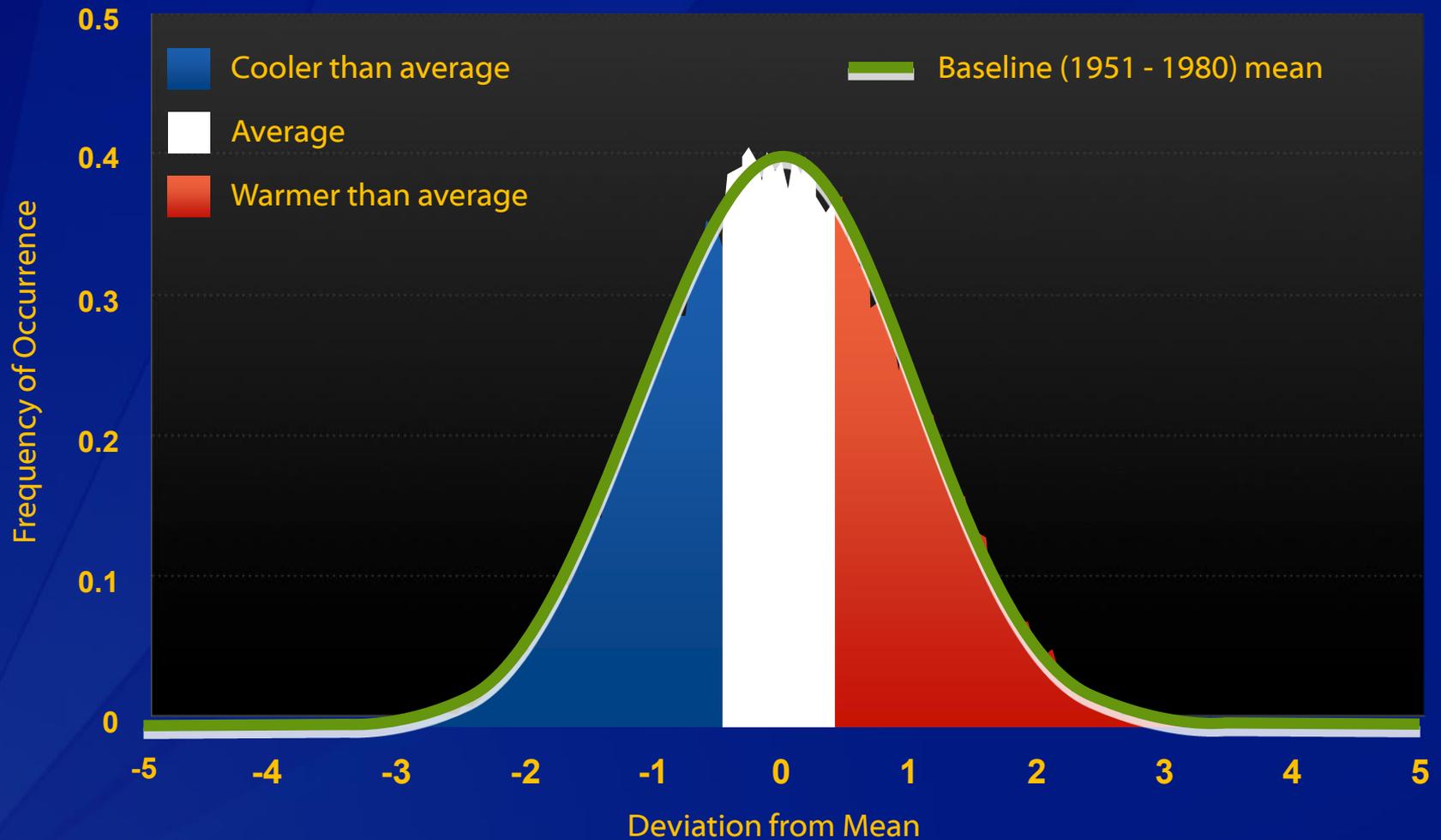
- ❑ Average US temperature has increased by about 1.5°F since 1895.**
- ❑ Extreme weather events, including heat waves, floods, and droughts, have become more frequent and intense.**
- ❑ Sea level has risen by about 8 inches since 1880, projected to rise another 1 to 4 feet by 2100.**
- ❑ Frost-free season has been increasing since 1980s.**
- ❑ Heavy downpours have increased in most US regions.**
- ❑ Number of Category 4 and 5 hurricanes in North Atlantic has increased since early 1980s.**

Climate Change Science: Key Findings

- ❑ Climate change is altering both the average (mean) global temperature *and* the global frequency of extremely hot temperatures (variance).
- ❑ The impacts of climate change will vary significantly by region; some places are warming faster than others.

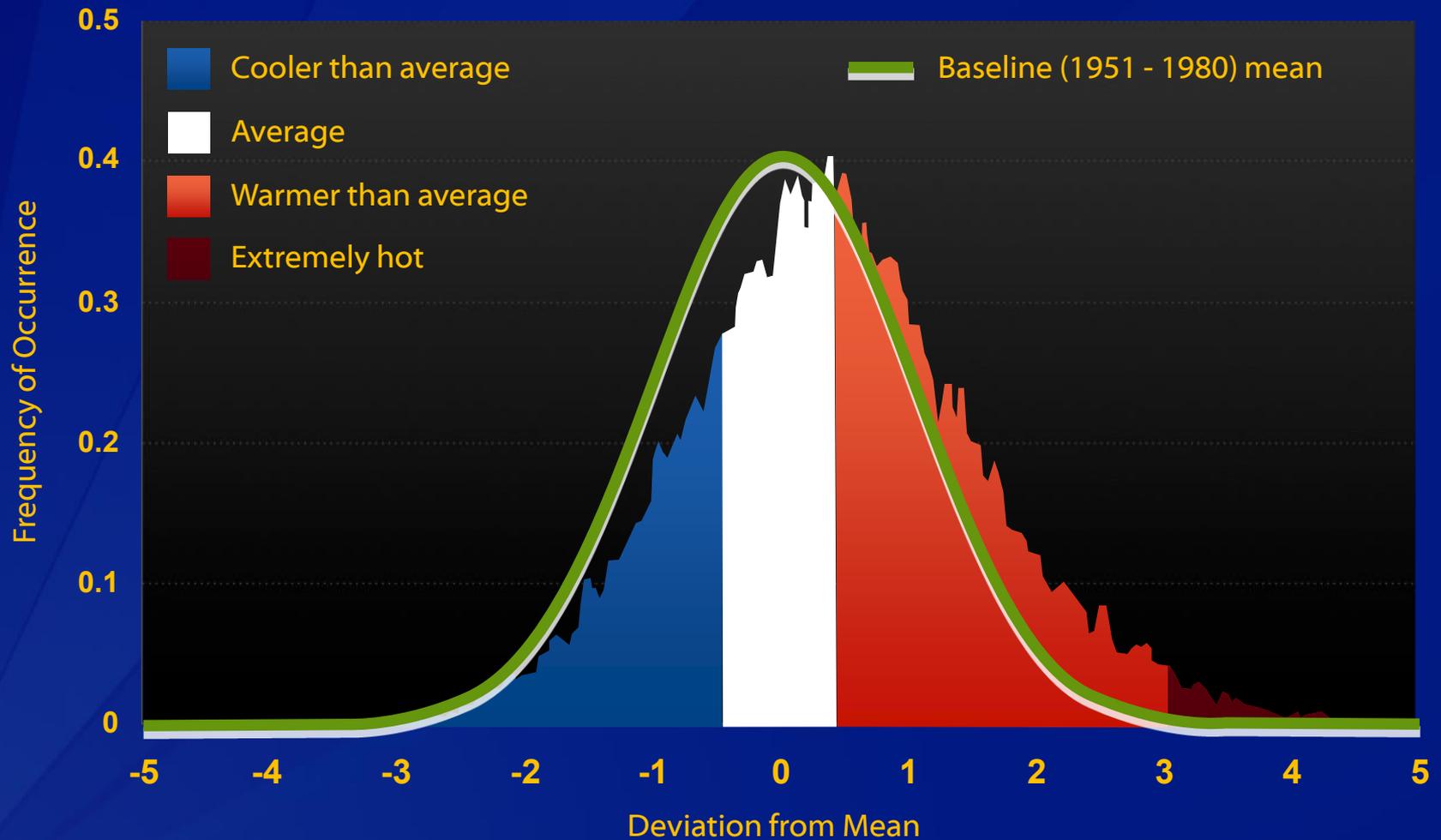


Summer Temperatures 1951-1980



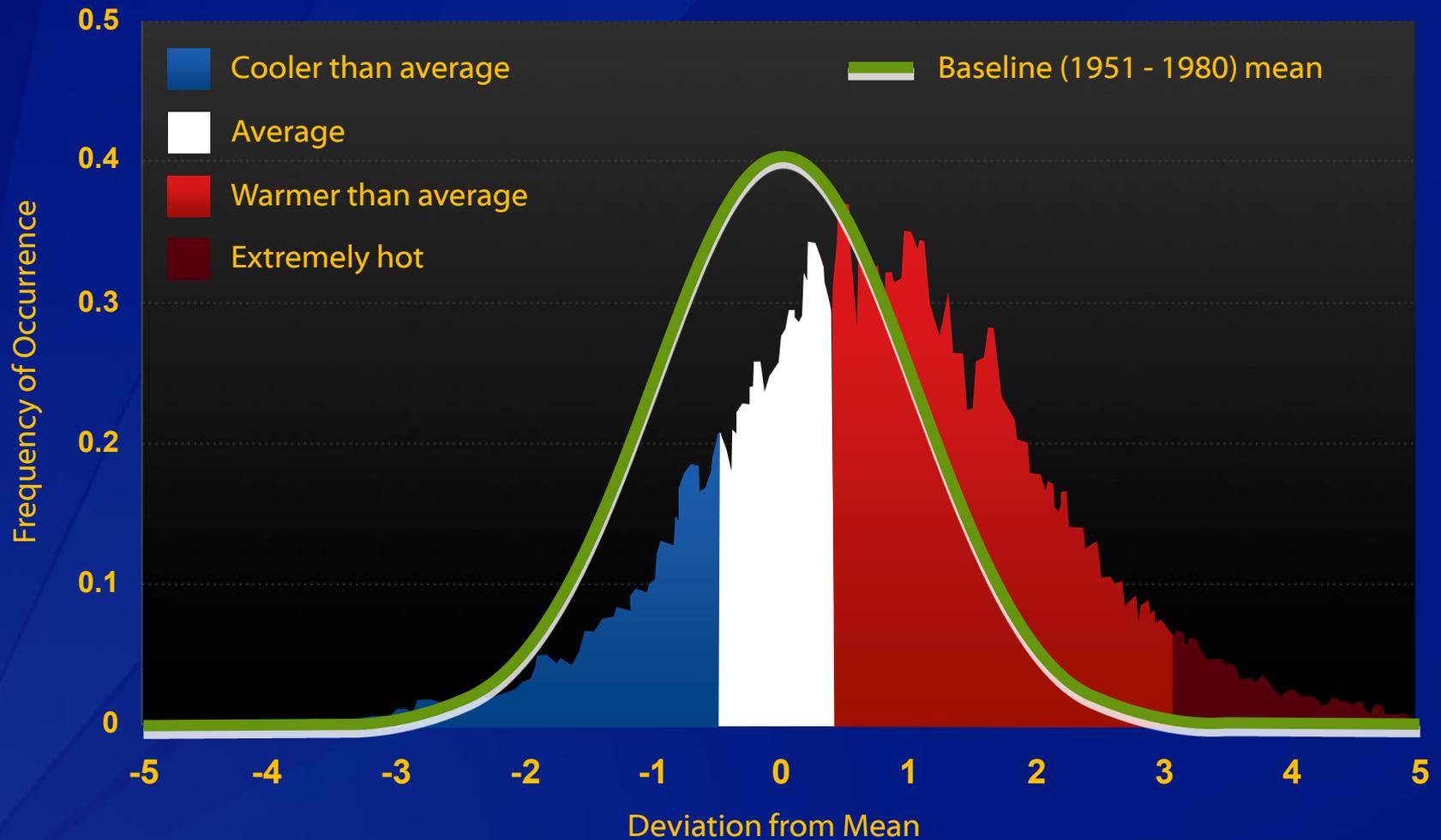
Source: NASA/GISS; Hansen, et al., "Perceptions of Climate Change," Proc. Natl. Acad. Sci. USA 10.1073, August 2012

Summer Temperatures 1981-1991



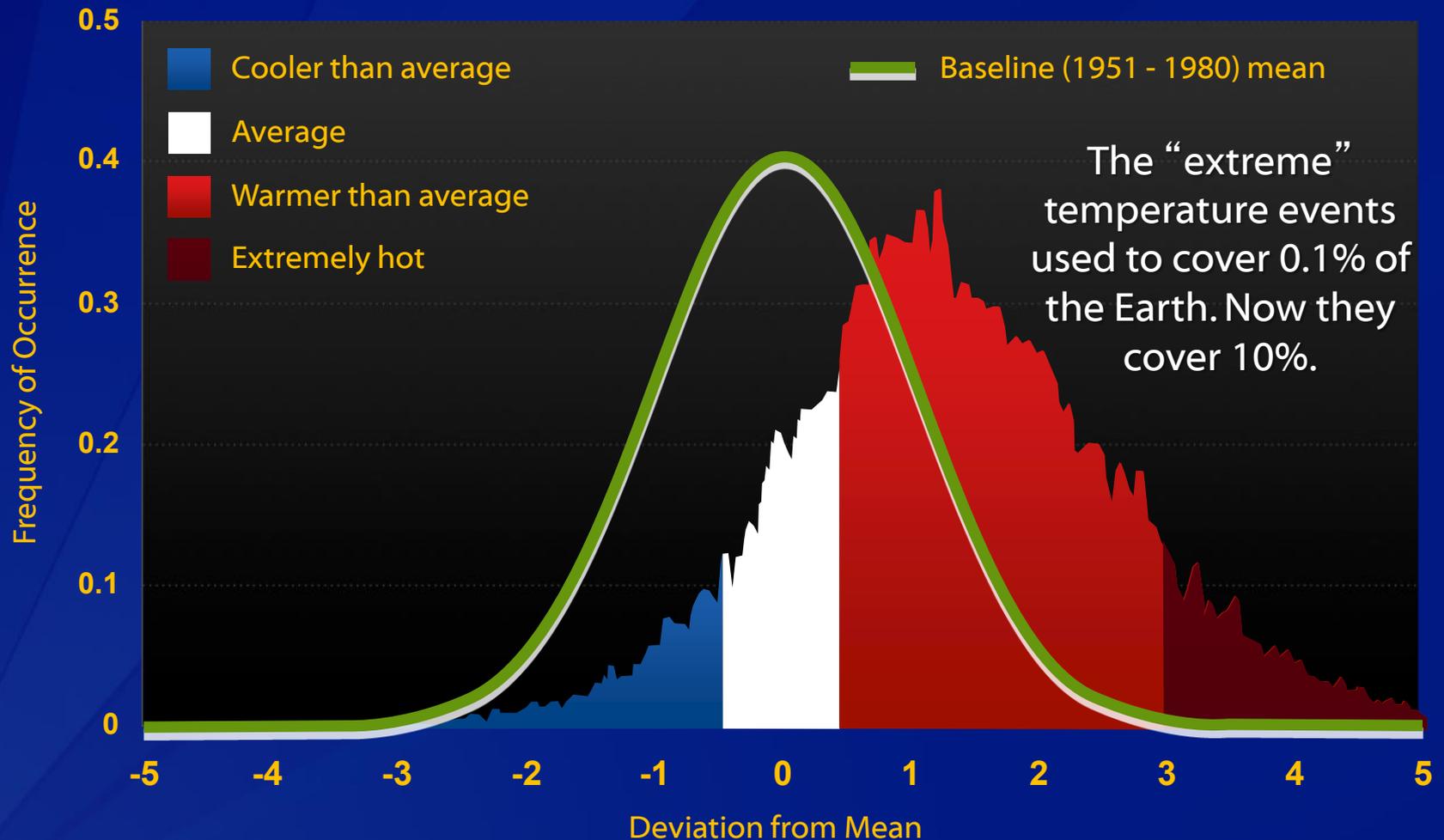
Source: NASA/GISS; Hansen, et al., "Perceptions of Climate Change," Proc. Natl. Acad. Sci. USA 10.1073, August 2012

Summer Temperatures 1991-2001



Source: NASA/GISS; Hansen, et al., "Perceptions of Climate Change," Proc. Natl. Acad. Sci. USA 10.1073, August 2012

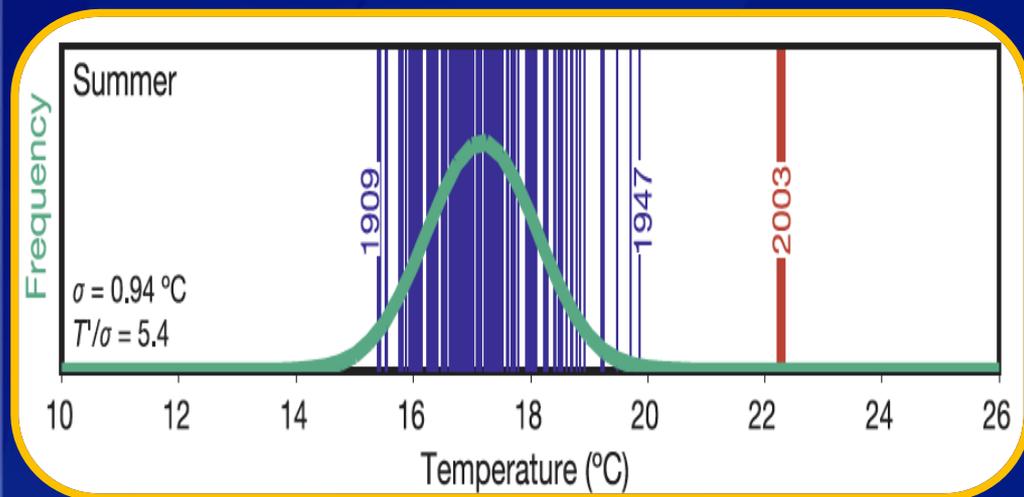
Summer Temperatures 2001-2011



Source: NASA/GISS; Hansen, et al., “Perceptions of Climate Change,” Proc. Natl. Acad. Sci. USA 10.1073, August 2012

Heat Waves Impact Human Health

European Heat Wave of 2003



Confirmed Mortality

UK	2,091
Italy	3,134
France	14,802
Portugal	1,854
Spain	4,151
Switzerland	975
Netherlands	1,400-2,200
Germany	1,410
TOTAL	29,817-30,617

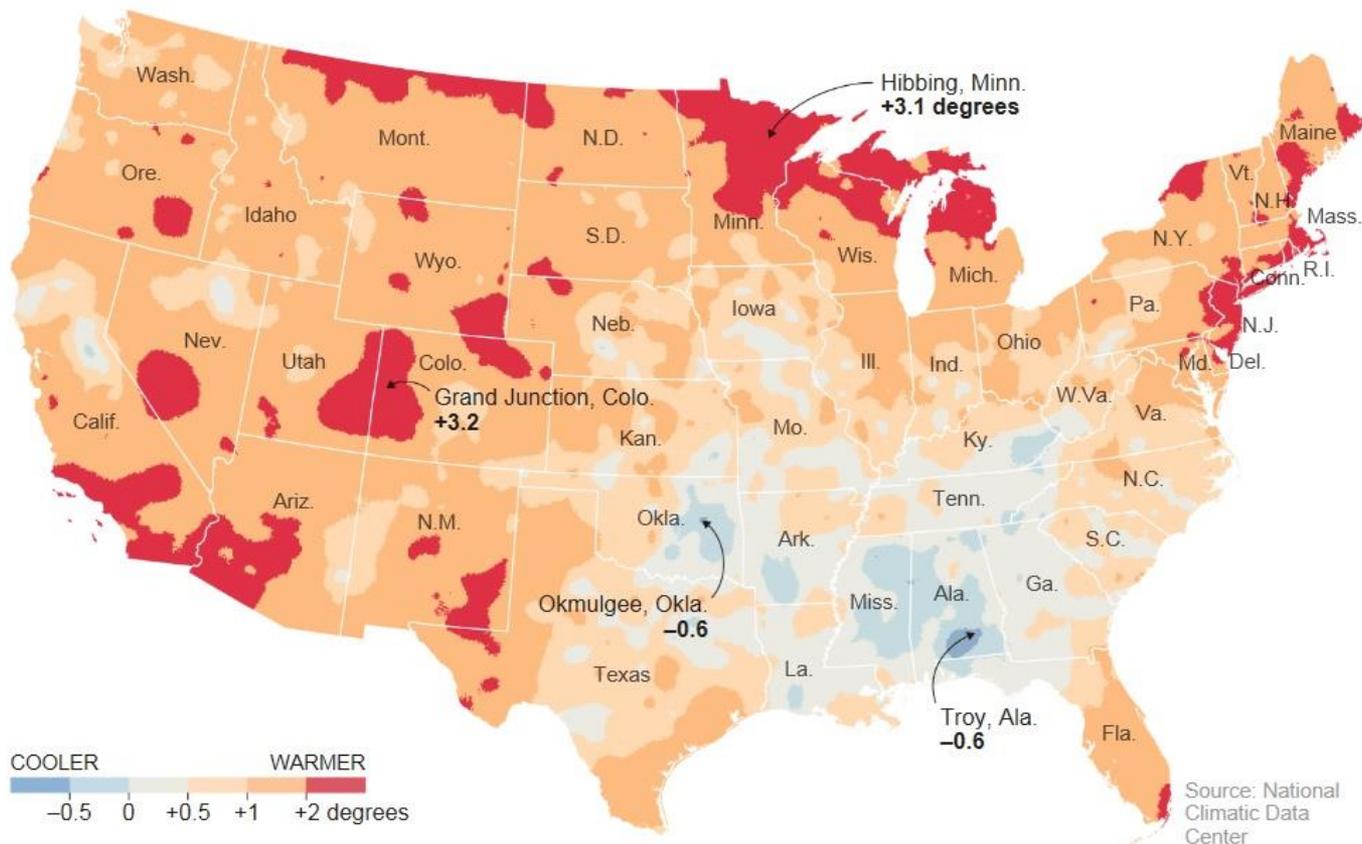
Vandentorren et al. *Am J Public Health* 2004; 94(9):1518-20.

Haines et al. *Public Health* 2006;120:585-96.

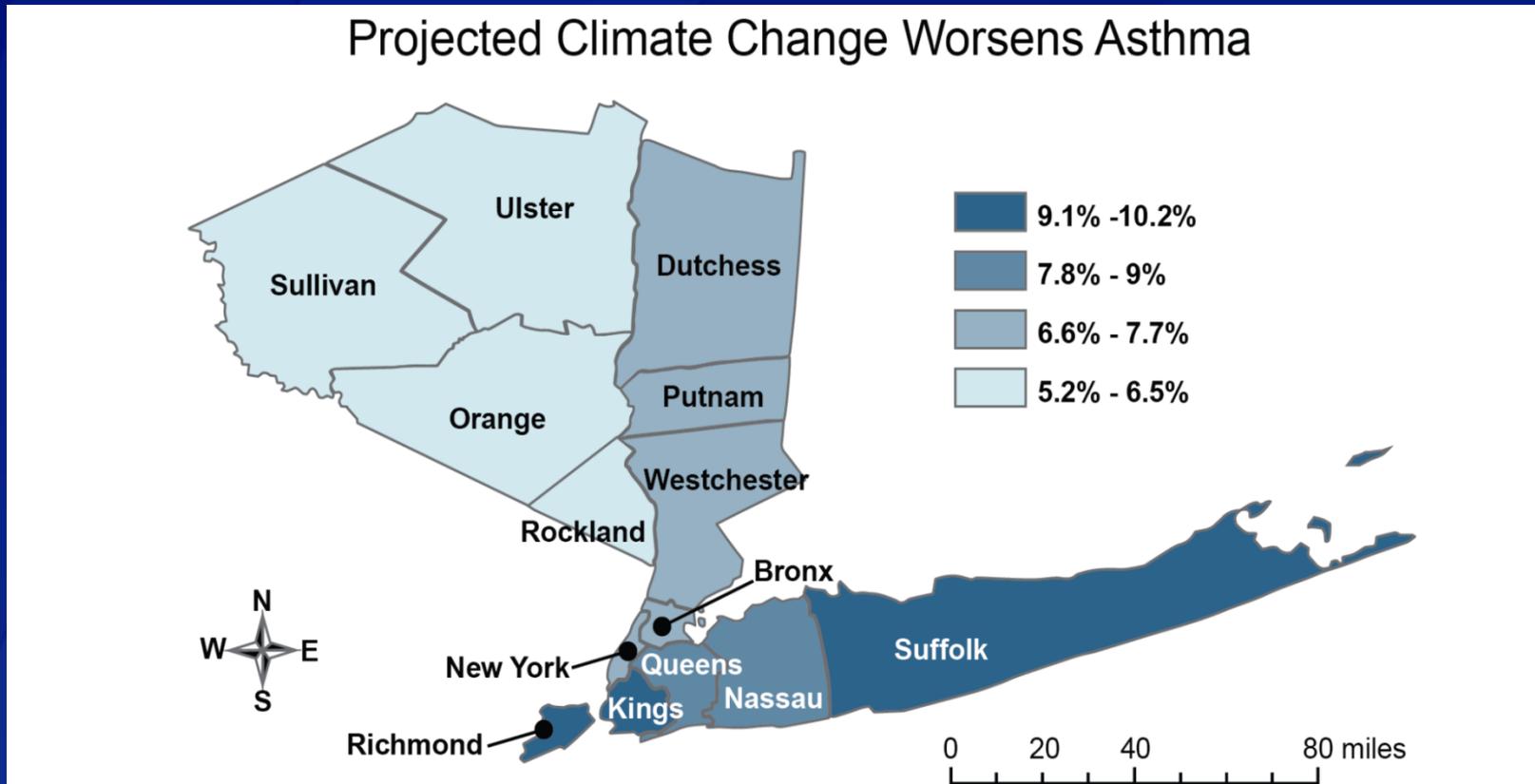
Warming has varied significantly by region (observed record)

Rising Temperatures

1991-2012 average temperature compared with 1901-1960 average MAY 6, 2014



Impact of Increased Ozone: Projected Increase in ED Visits for Asthma in 2020



Source: Sheffield PE, Knowlton K, Carr JL, Kinney PL. 2011. Modeling of Regional Climate Change Effects on Ground-Level Ozone and Childhood Asthma. *American Journal of Preventive Medicine* 41(3):251-257

Climate Change Impacts Air Quality: Pollen

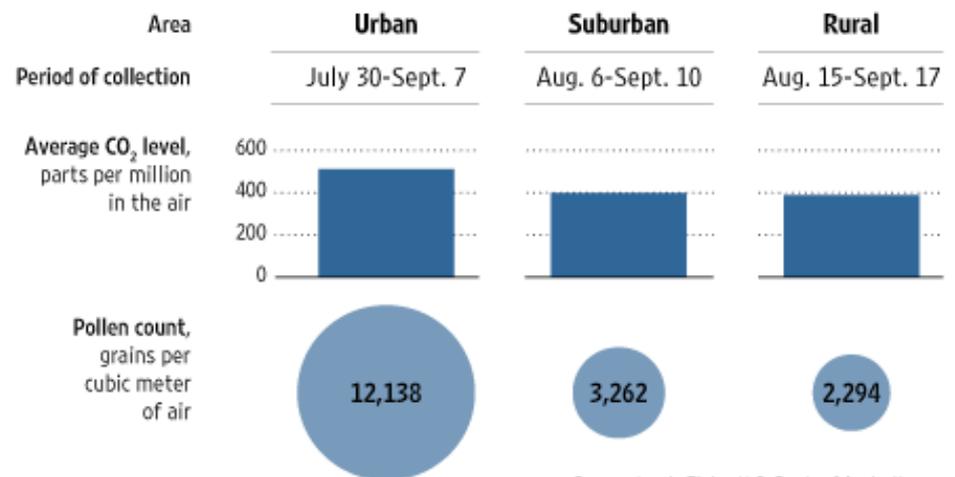


❑ Ragweed

- ↑ CO₂ and temperature
- ↑ Pollen counts, longer growing season

Something in the Air

Researchers at the U.S. Dept. of Agriculture planted ragweed in and around Baltimore in 2001 to test how the plant responds to different concentrations of CO₂. The results:



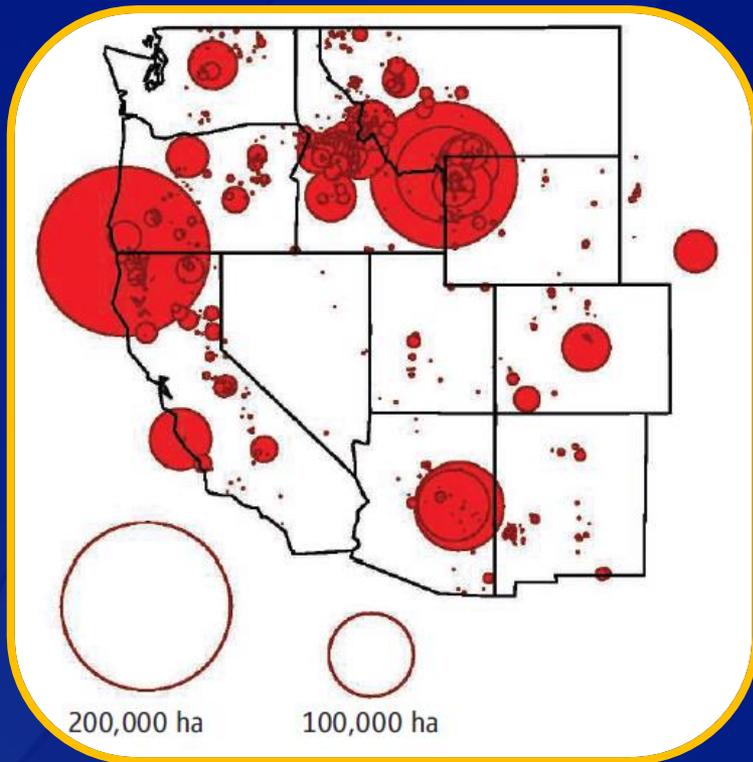
Source: Lewis Ziska, U.S. Dept. of Agriculture

Source: Ziska et al., *J Allerg Clin Immunol* 2003;111:290-95

Graphic: "Ambrosia psilostachya kz1" by Krzysztof Ziarnik Kenraiz via Wikimedia Commons

Climate Change Impacts Air Quality: Wildfire Smoke

Wildfire Activity Since 1970



□ Since 1970

- Western US wildfire season increased by 78 days
- Average duration of fires increased five fold

Climate Change Impacts Air Quality: Wildfire Smoke (cont.)

- ❑ Increase of $10\mu\text{g}/\text{m}^3$ in PM_{10} from wildfires results in about 1% increase in non-accidental mortality^(1,2,3)
- ❑ During Australian bushfires
 - Overall mortality rose 5%
 - Hospital admissions for respiratory illnesses increased 3-5%⁴

¹Morgan G et al. Effects of bushfire smoke on daily mortality and hospital admissions in Sydney, Australia. *Epidemiology*. 2010 Jan;21(1):47-55.

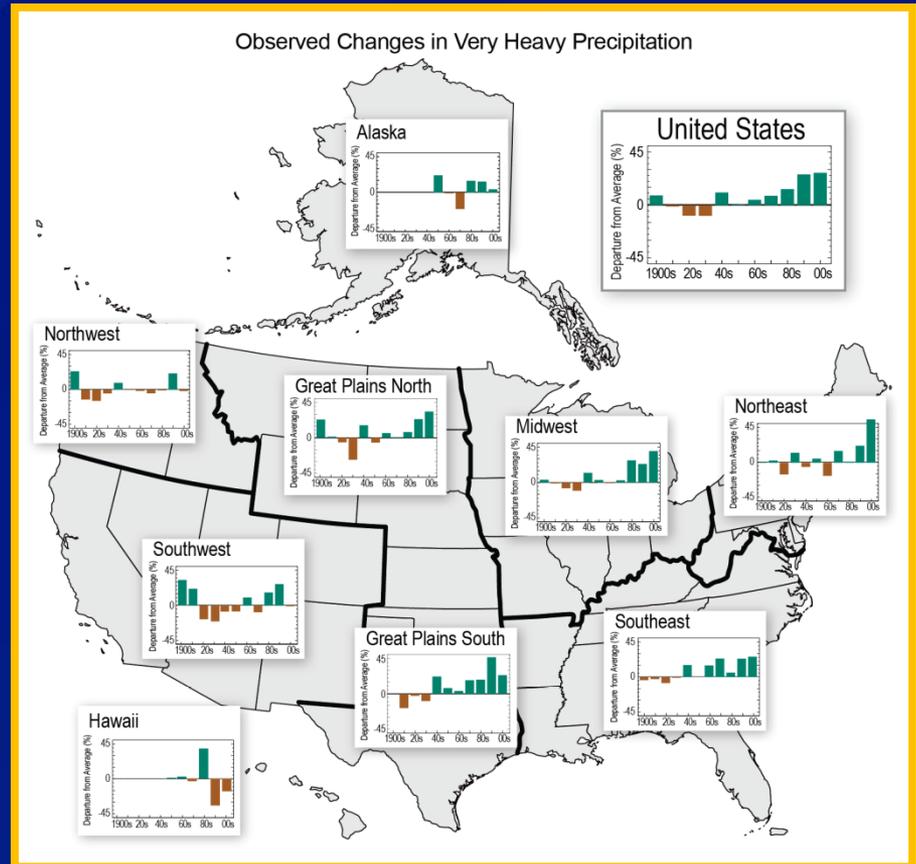
²Sastry N. Forest fires, air pollution, and mortality in southeast Asia. *Demography*. 2002 Feb;39(1):1-23.

³Hanninen OO. Population exposure to fine particles and estimated excess mortality in Finland from an East European wildfire episode. *J Expo Sci Environ Epidemiol*. 2009 May;19(4):414-22

⁴Johnston F et al. Extreme air pollution events from bushfires and dust storms and their association with mortality in Sydney, Australia 1994-2007. *Environ Res*. 2011 Aug;111(6):811-6.

Extreme Precipitation Events Impact Human Health: Waterborne Disease

- 67% of waterborne disease outbreaks preceded by precipitation above 80th percentile (across 50 year climate record)
- Heavy precipitation events projected to occur more frequently



Observed Increases in Very Heavy Precipitation (heaviest 1% of all events) 1901 to 2011

Curriero, Patz, et al, 2001.

Source: Walsh et al. 2013: *Draft NCA Report*, Chapter 2

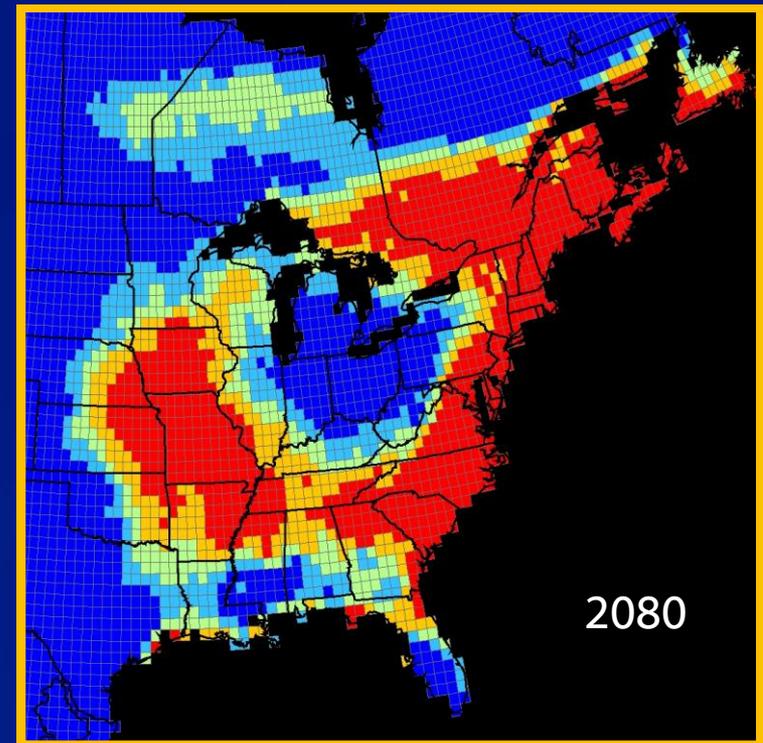
Precipitation, Humidity, and Temperature Changes Impact Human Health.

Example: Lyme Disease

□ Spread of Lyme disease factors

- Climate
- Ecological
- Social

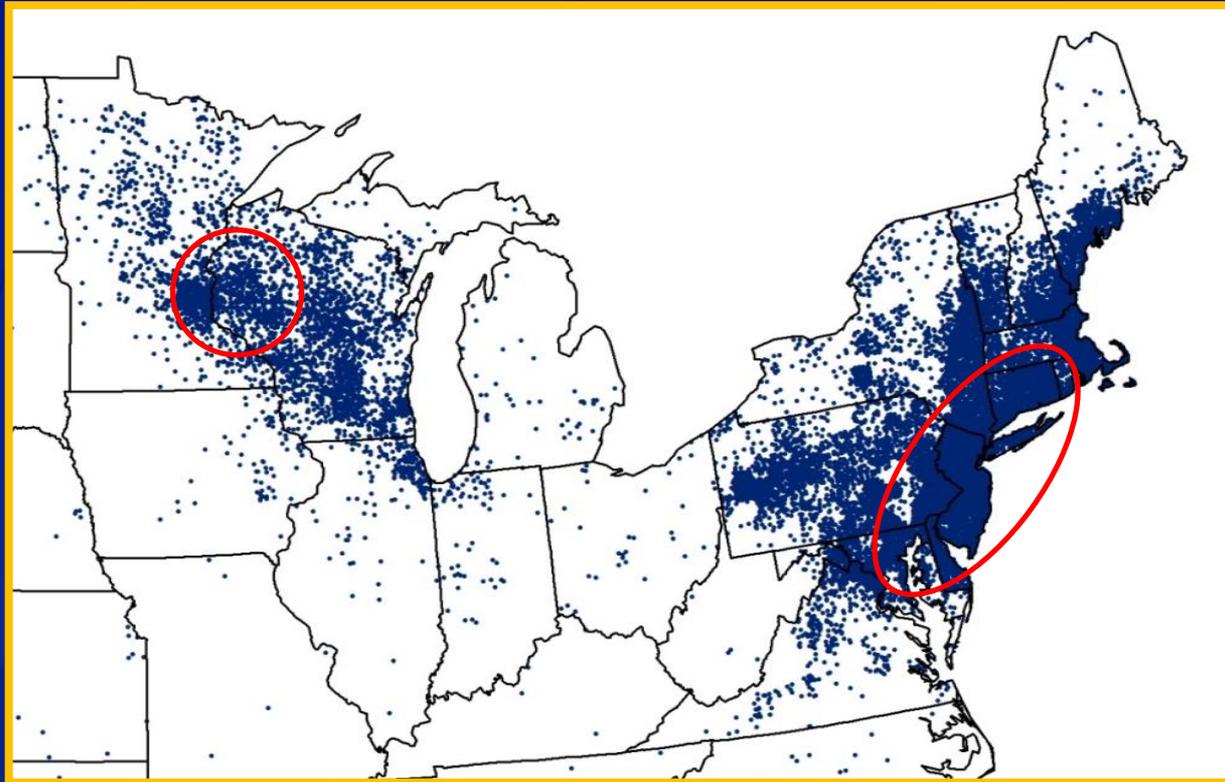
Range of suitable conditions for *Ixodes scapularis*, the Lyme disease tick



● Constant suitability ● Expanded suitability

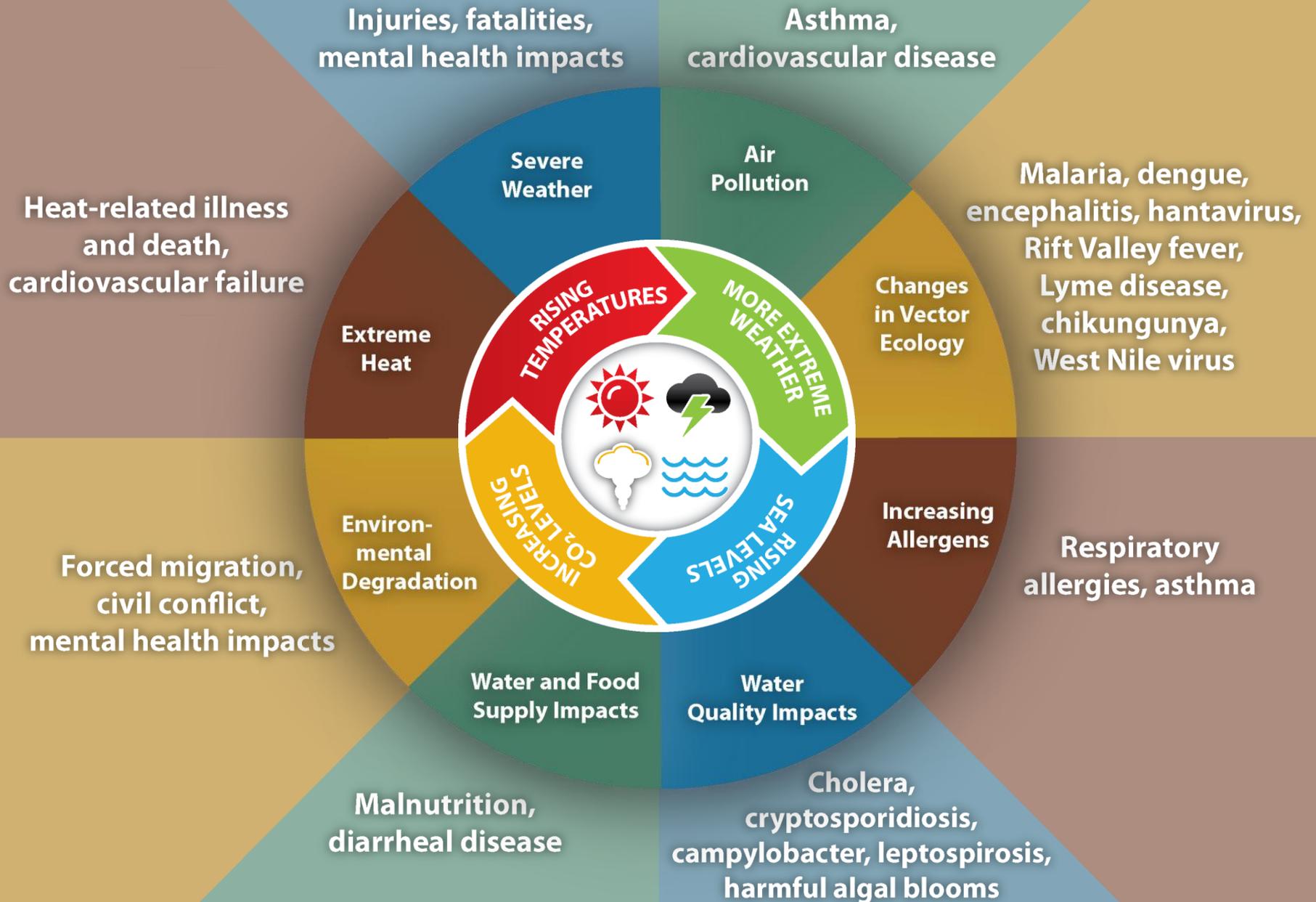
Source: Brownstein JS, Holford TR, Fish D. A climate-based model predicts the spatial distribution of the Lyme Disease vector *Ixodes scapularis* in the United States. *Environ Health Persp* 2003;111(9):1152-57.

Lyme Disease Case Distribution Change in the United States



1996

Impact of Climate Change on Human Health



Climate Change and Health - Pollen



Paul J. Schramm, MS, MPH

**Arie Manangan, Shubhayu Saha, Christopher Uejio,
Claudia Brown, Jeremy Hess, George Lubber**

Centers for Disease Control and Prevention
Climate and Health Program

Pollen and Health

- ❑ **Outdoor pollen and mold are the primary cause for allergic rhinitis (hay fever)**
- ❑ **Seasonal allergic rhinitis affects 15%-20% of adults in the US**
 - Annual treatment costs \$11.2 billion
 - Additional economic costs \$5.4 billion
- ❑ **As pollen count increases, allergy-related illnesses also increase**



Climate Affects Pollen

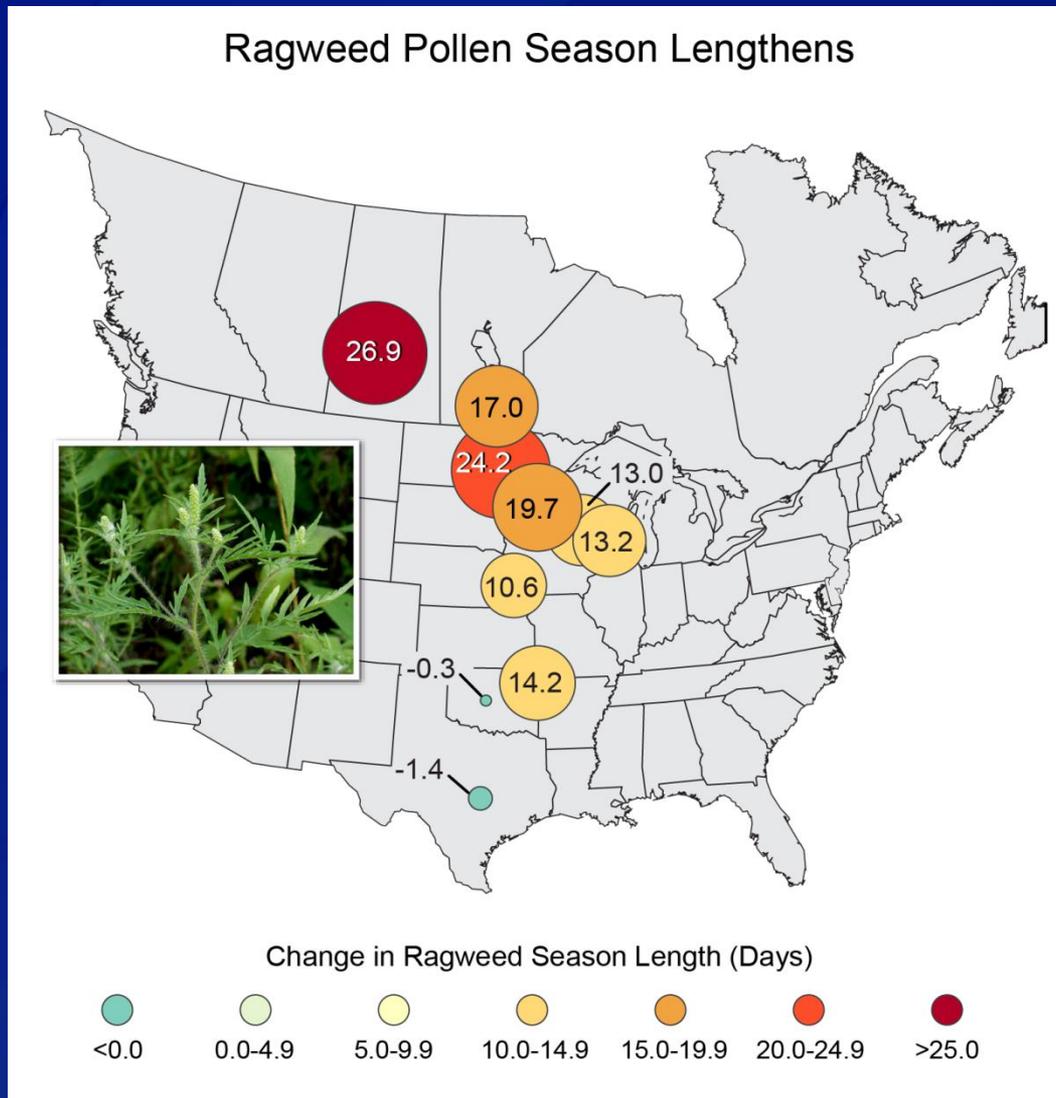
Recent climate shifts:

- Increased atmospheric CO₂
- More frost-free days
- Warmer seasonal air temperatures
- Shifts in precipitation

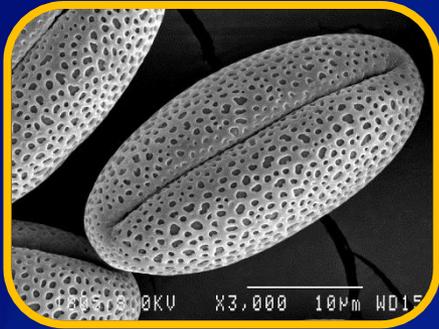
Can result in changes in:

- Pollen seasonality (season length, season start date or end date, peak pollen date)
- Quantity of pollen produced
- Allergenicity of pollen
- Pollen species distribution

Shifts in Pollen Production



CDC Atlanta Pollen Study



- ❑ Investigate long-term pollen production trends

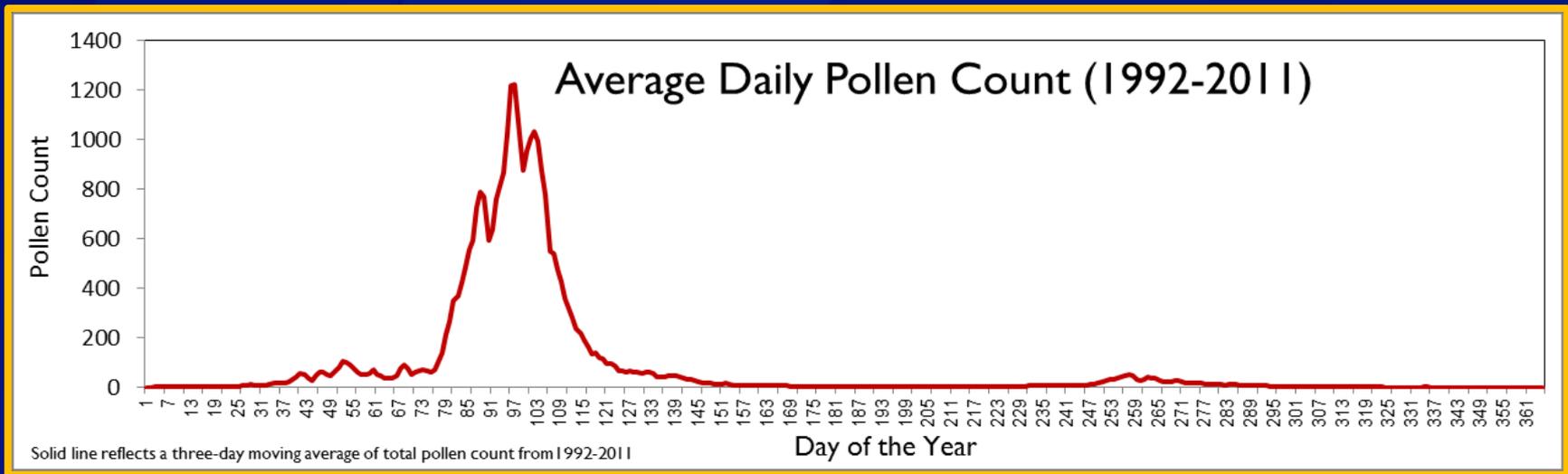


- ❑ Identify timing for pollen seasons (onset, peak, end, length)



- ❑ Determine relationship between pollen and seasonal climate

Descriptive Results – Average Pollen Count



Pollen Type	Spring Season	Fall Season
Oak	39.2%	0.2%
Pine	29.7%	2.2%
Juniper	3.4%	1.5%
Elm	1.8%	4.8%
Grasses	1.7%	5.9%
Ragweed	0.1%	55.9%

Percentage of Total Pollen for the Spring and Fall Pollen Seasons

Results – Pollen Count Trends

Pollen Count Trends per Taxa

Pollen Group	Trend	R ²	p-value	Change per Year
Alder (Spring)	Increase	.25	0.015	14 PPCM
Birch	Increase	.31	.01	50 PPCM
Elm (Spring)	Increase	.61	.00005	43 PPCM
Elm (Fall)	Increase	.28	.016	18 PPCM
Hickory	Increase	.35	.006	26 PPCM
Juniper (Spring)	Increase	.25	.03	37 PPCM
Maple	Decrease	.24	.03	26 PPCM
Mulberry	Increase	.43	.001	53 PPCM
Oak	Increase	.34	.005	445 PPCM
Sheep Sorel (Spring)	Increase	.24	.03	6 PPCM
Sycamore	Increase	.57	.0001	66 PPCM

Results – Pollen Season Timing

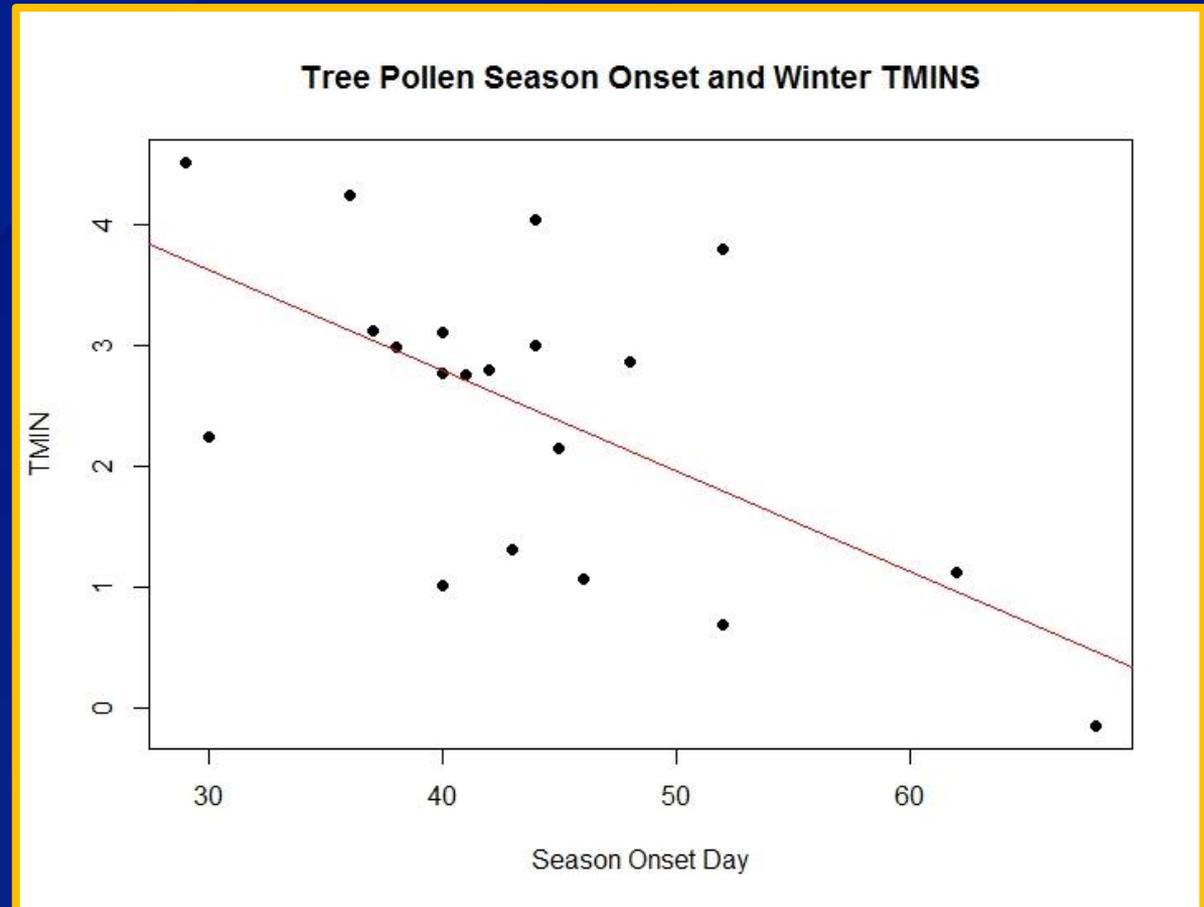
Increase in pollen season length for 4 species

Pollen Group	Trend	p-value	R²
Ash	4.3 days	0.015	0.287
Beech	4.1 days	<0.001	0.67
Sycamore	1.3 days	.048	0.1997
Willow	6.3 days	<0.001	0.51

Results – Pollen Season and Winter Temperatures

❑ Warmer Winter Temps Advance Spring Tree Pollen Season

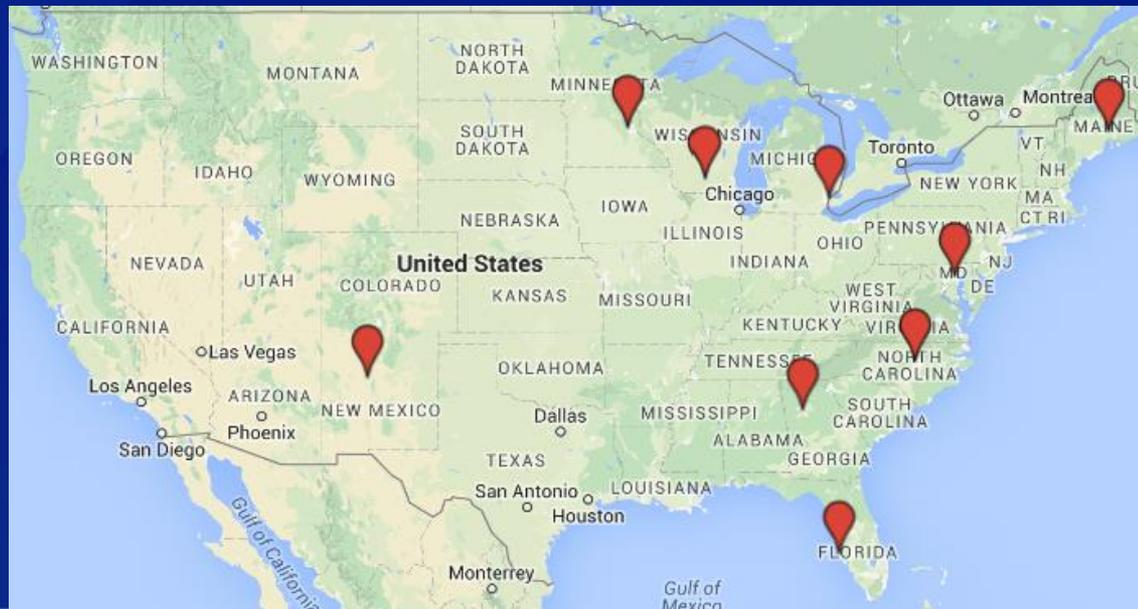
- Lower average daily winter (Dec-Feb) temperature minimums delay season onset
- $R^2 = 0.38$,
- $p\text{-value} < 0.004$



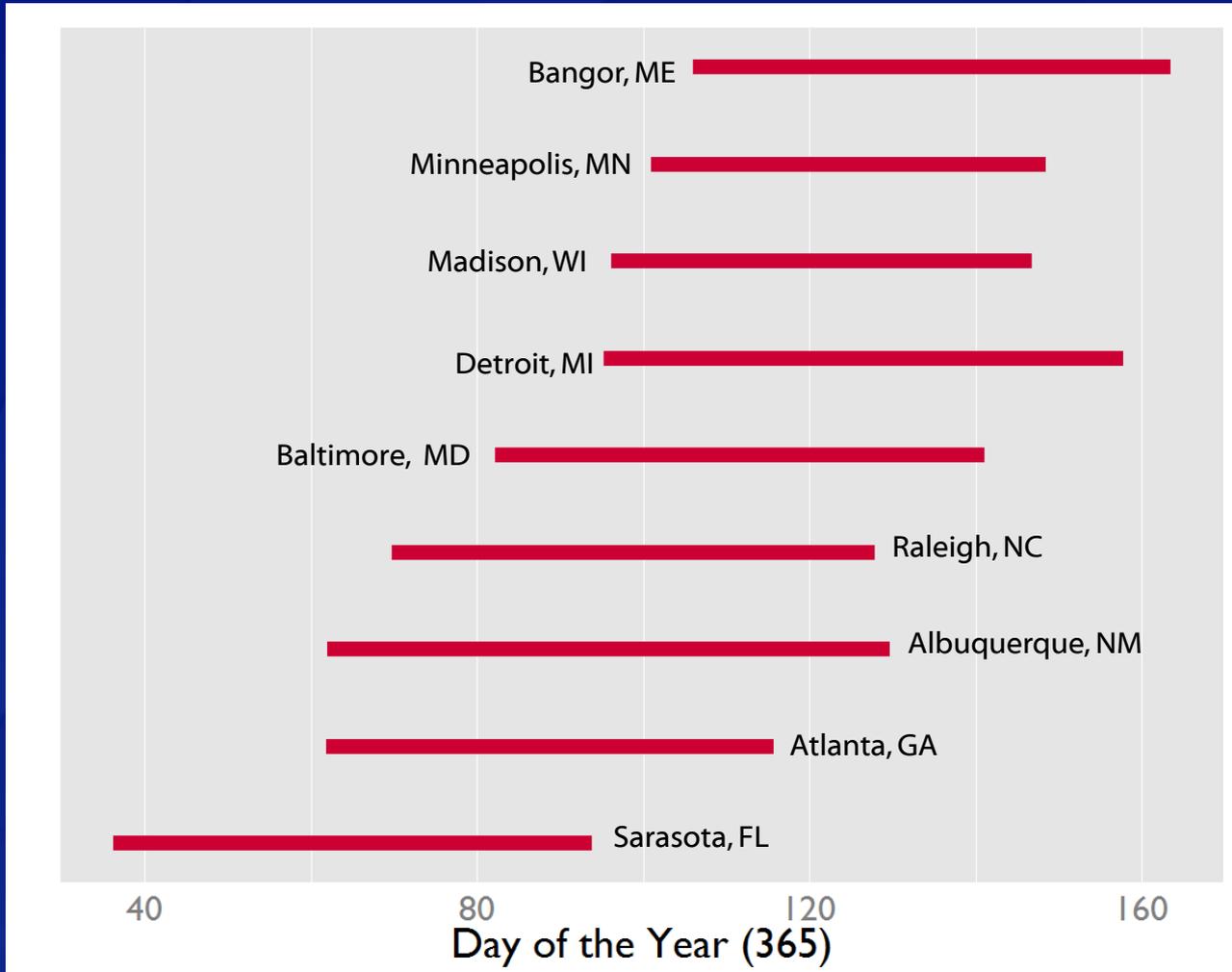
Multiple Site CDC Pollen Study

Pollen data from 9 monitoring stations:

- Albuquerque, NM
- Atlanta, GA
- Baltimore, MD
- Bangor, ME
- Detroit, MI
- Madison, WI
- Minneapolis, MN
- Raleigh, NC
- Sarasota, FL

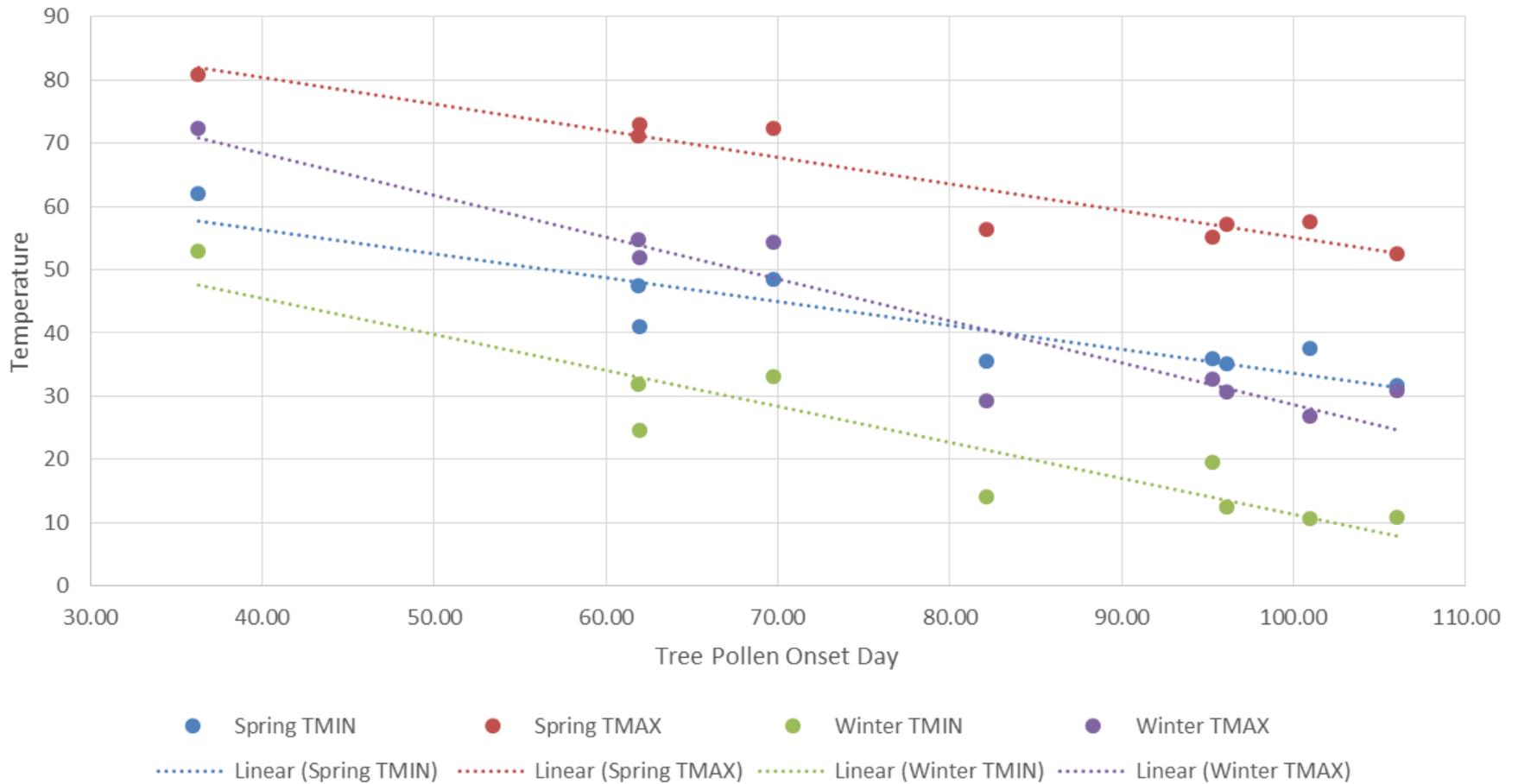


Spring Pollen Season Timing



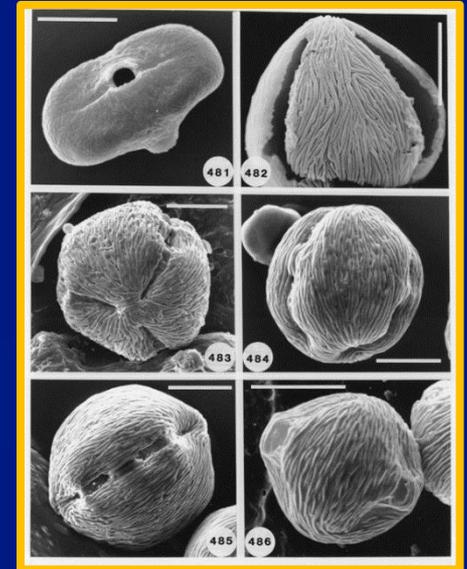
Spring Tree Pollen Season Onset and Temperature

Tree Pollen Onset vs Temperature

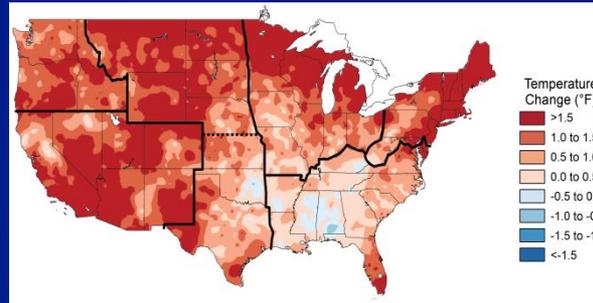


Future Directions

- ❑ Continue to collect more pollen datasets from around the country
- ❑ Effect of year-to-year climate variability on pollen counts and pollen season timing
- ❑ Effect of precipitation on pollen
- ❑ Assess the effectiveness of using proxy data to estimate pollen counts



Climate Change and Health - Heat



Shubhayu Saha, PhD.

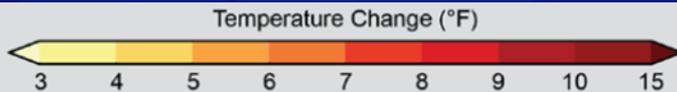
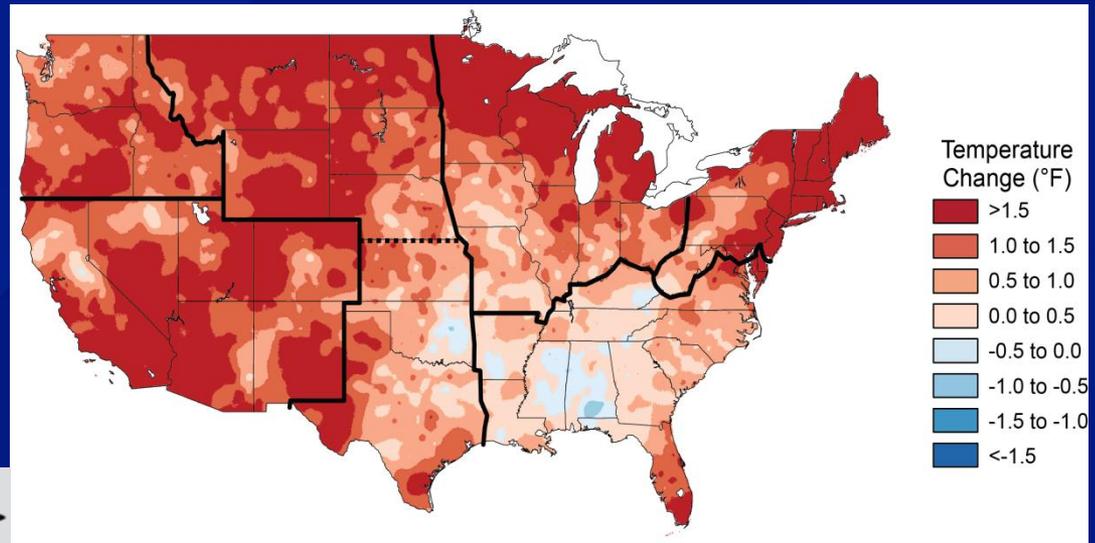
Ambarish Vaidyanathan, John Brock, George Luber

Centers for Disease Control and Prevention

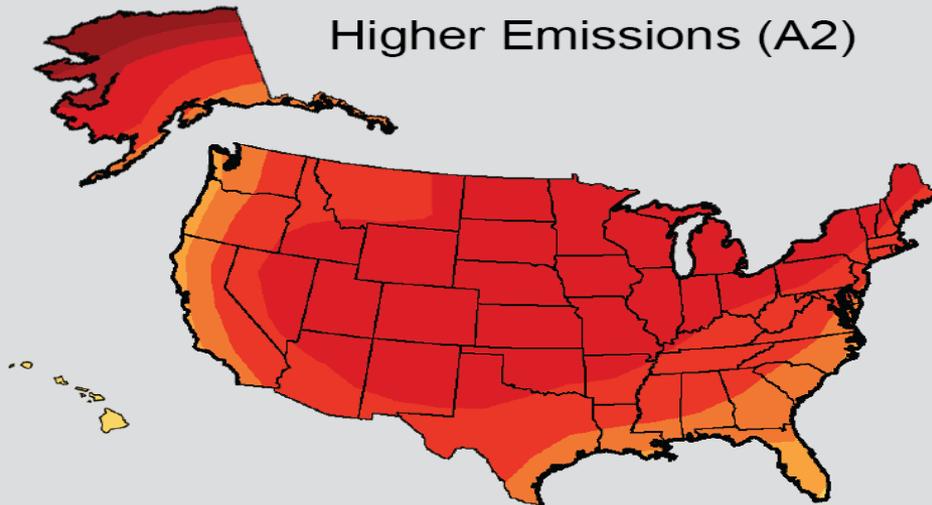
Climate and Health Program

US National Climate Assessment, 2014

Observed change in temperature (1990-2012) compared to (1901-1960)

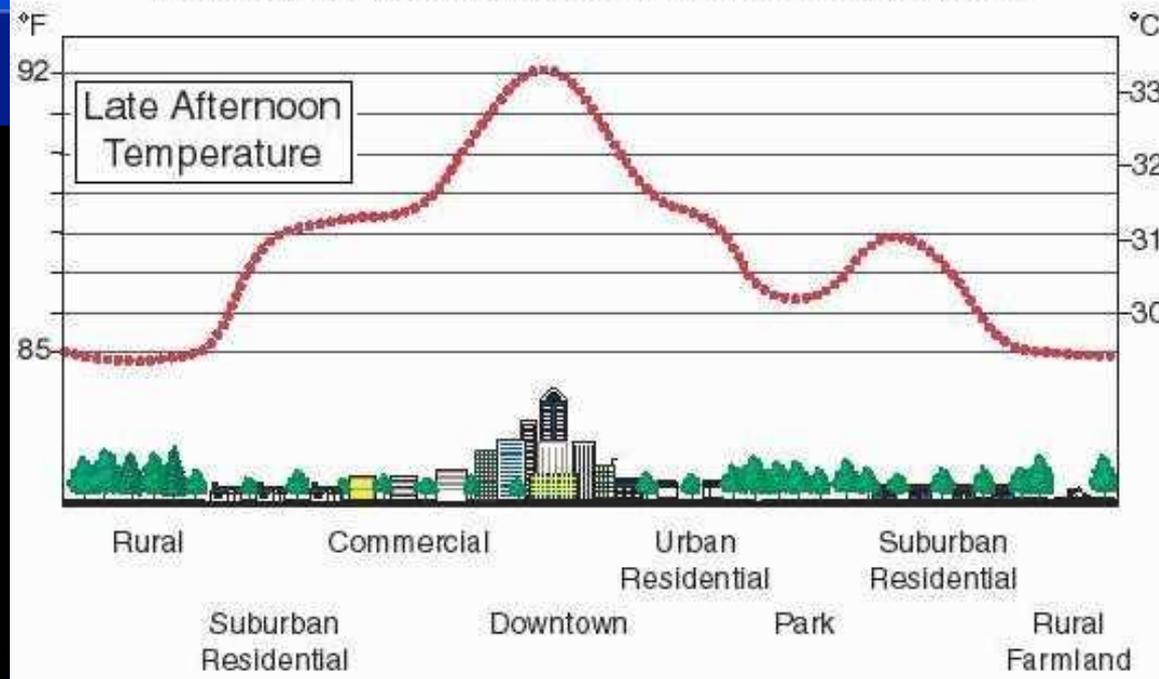


Higher Emissions (A2)



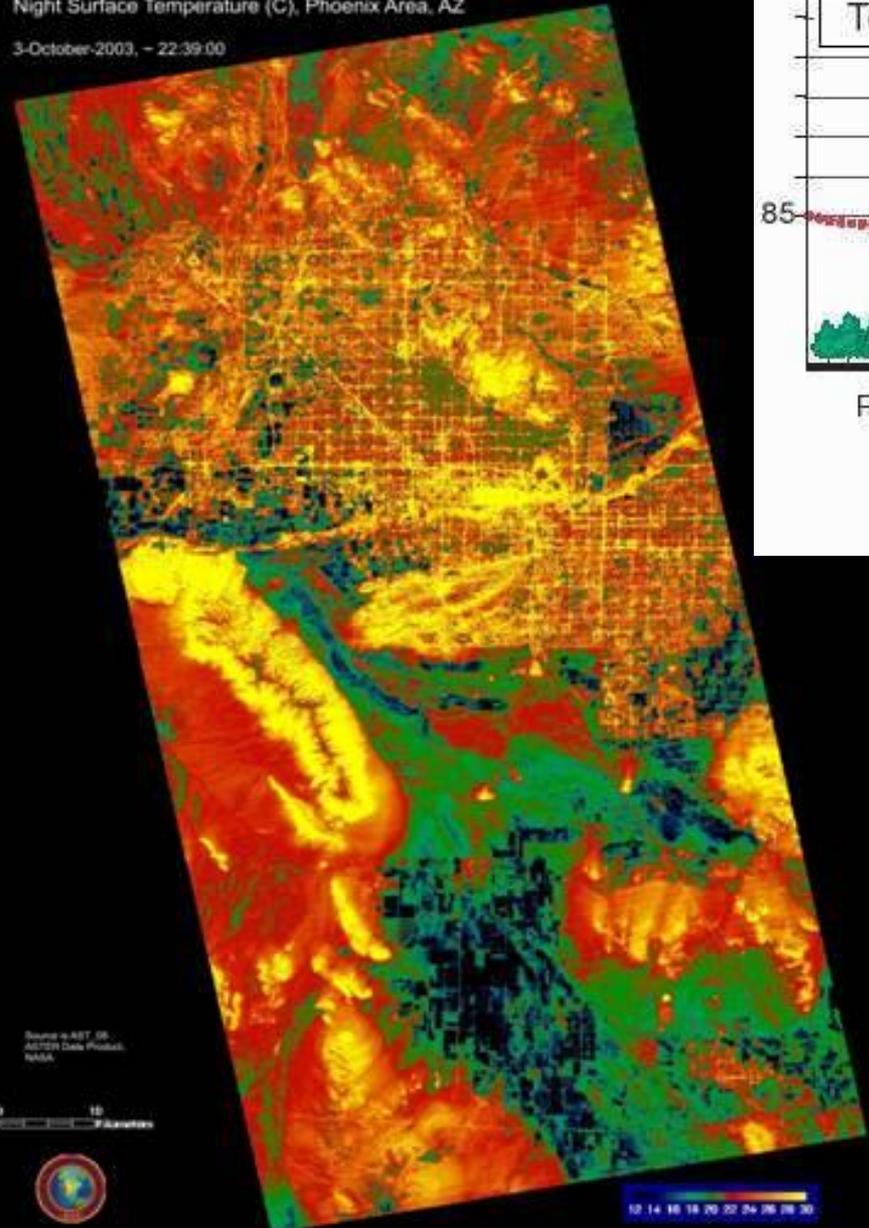
Projected change in average surface temperature (2070-2099) compared to (1970-1999); A2 scenario assumes continued increase in global emissions

Sketch of an Urban Heat-Island Profile



Night Surface Temperature (C), Phoenix Area, AZ

3-October-2003, - 22:39:00



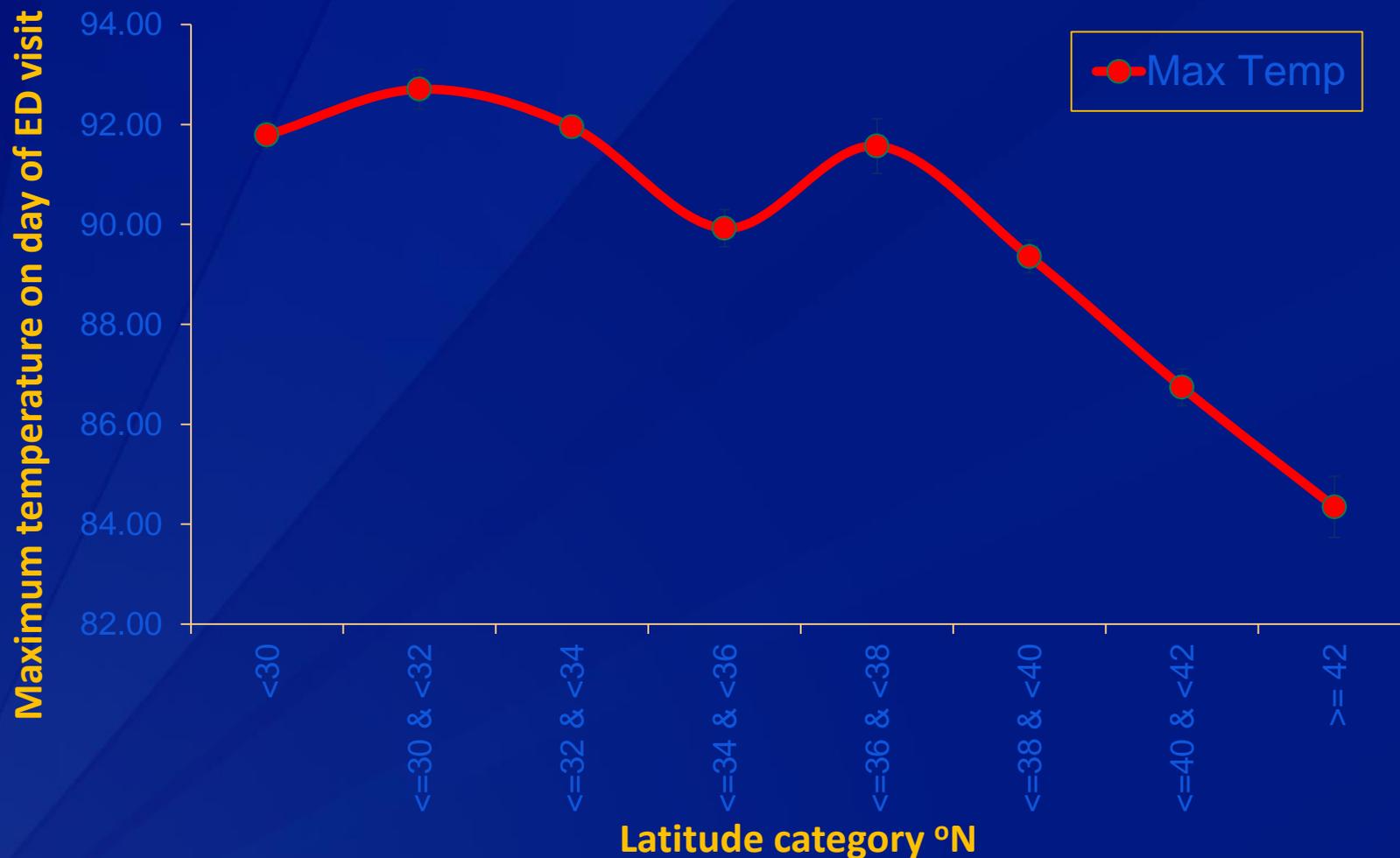
Urban Heat Island can add 7° – 12° F

ASTER Thermal Satellite Image of Phoenix, AZ Night Surface Temperature

Health Effects



Temperature profile on ED visit days for Hyperthermia



Saha et al., 2015; Environmental Health

National Center for Environmental Health

Division of Environmental Hazards and Health Effects



The National Environmental Public Health Tracking Network

* Step 1: Select Your Content ?

Climate Change

Extreme Heat Days and Events

Dates of extreme heat days

Show only data about children



trackingsupport@cdc.gov

* Step 2: Choose Geography & Time ?

One County

Alabama

- Autauga
- Baldwin
- Barbour
- Bibb
- Blount
- Bullock

Show Counties

Clear Geography

2003

2004

2005

2006

2007

2008

2009

2010

Clear Time

Step 3: Advanced Options ?

Advanced Options (Required)

Heat Metric

- Daily Maximum Temperature
- Daily Heat Index

Advanced Options (Select One)

- Absolute Threshold
- Relative Threshold

Clear Options

* Step 4: Submit ?

Run Query

Climate Change | Extreme Heat Days and Events | Dates of extreme heat days | Alabama, Georgia | 2010 | Heat Metric: Daily Maximum Temperature | Relative Threshold: 90th Percentile

The network provides data on:

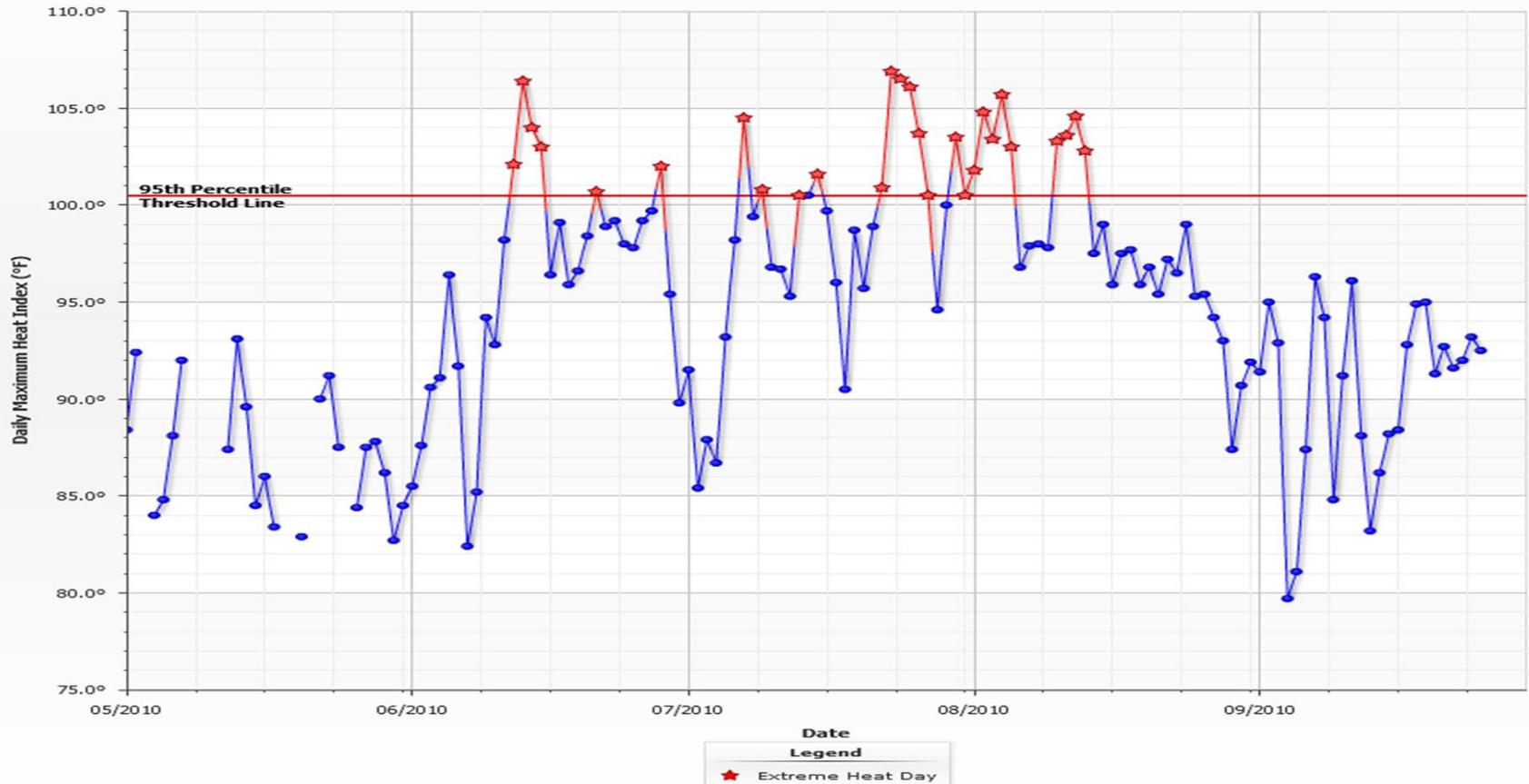
- Extreme heat days and events
- Heat vulnerability
- Health effects associated with extreme heat

<http://ephtracking.cdc.gov>

Historic temperature data (EPHTN)

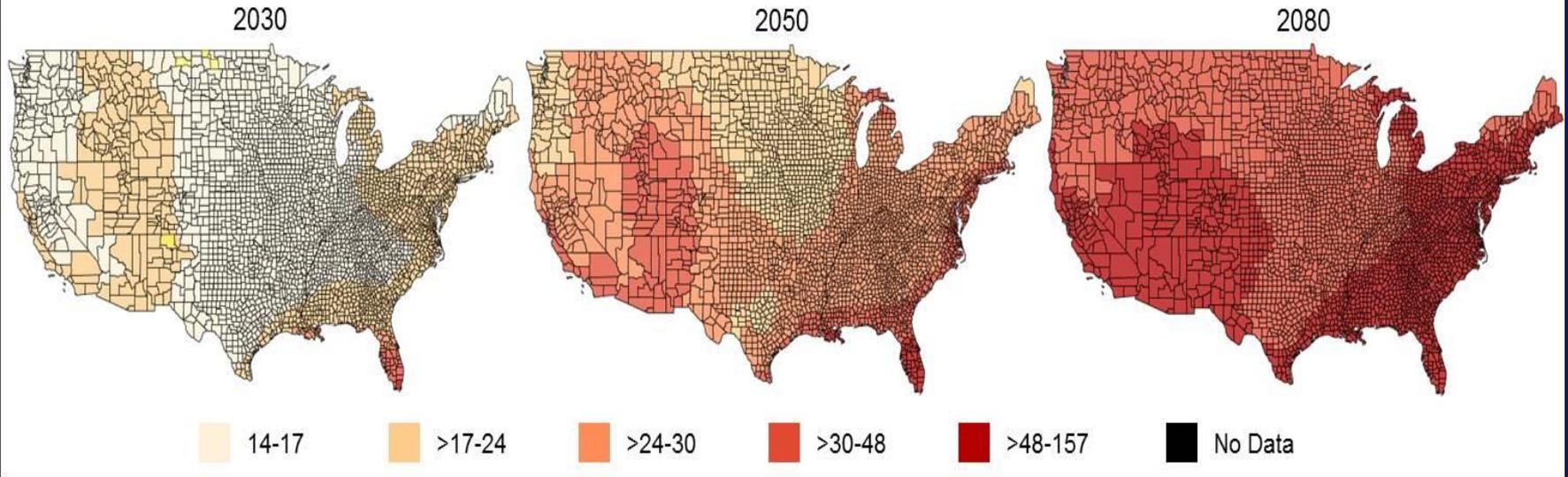
Extreme Heat Days

State: Georgia County: DeKalb Year: 2010



Future modeled temperature data (EPHTN)

Projected number of extreme heat days above the 98th percentile based on a high emissions scenario (A2)



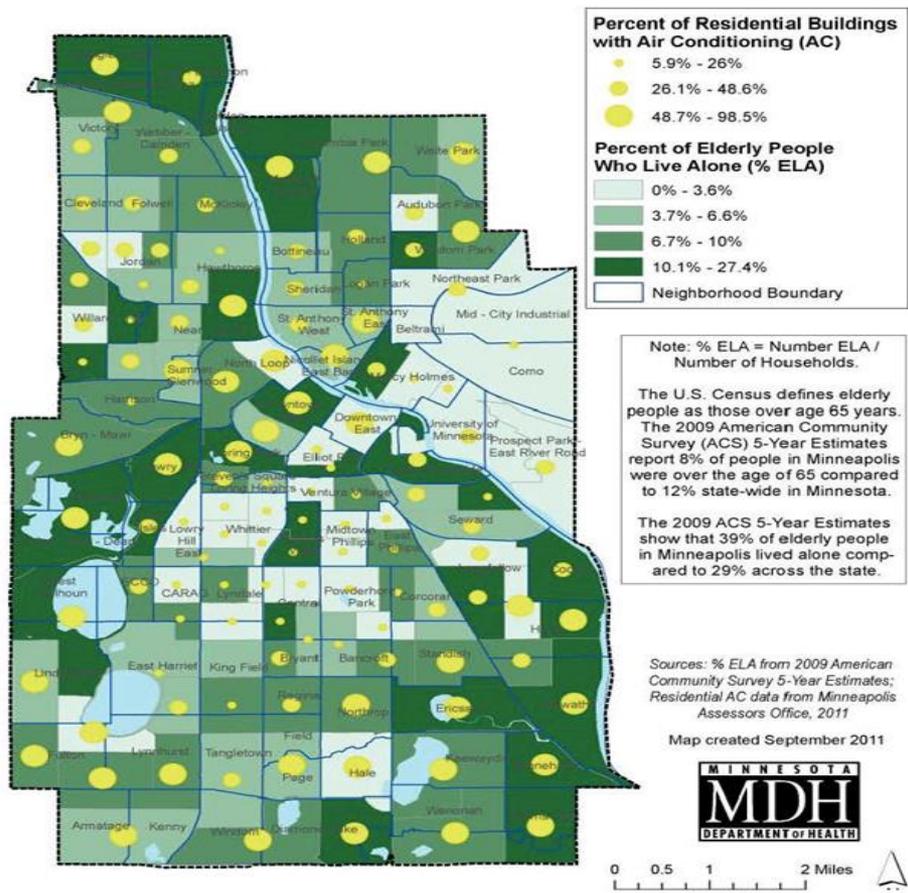
Source: NOAA, National Climate Assessment 2014

Vulnerable neighborhoods during a heat wave

IDENTIFYING VULNERABLE POPULATIONS

Minnesota Department of Health MN Climate & Health Program funded by CDC

Air Conditioned Residential Buildings & Percent of Elderly People Who Live Alone in Minneapolis



National Center for Environmental Health

Division of Environmental Hazards and Health Effects



CDC's Extreme Heat Webpage

CDC Home



Centers for Disease Control and Prevention
 CDC 24/7: Saving Lives. Protecting People.™

A-Z Index: [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) <#>

Extreme Heat and Your Health

Heat-related deaths and illness are preventable, yet annually many people succumb to extreme heat. An important goal of this web site is to provide easily accessible resources for members of the public, local health departments and other organizations, assisting ongoing outreach efforts to those most vulnerable to extreme heat events.



CDC e-Learning Course
 Reinforce awareness of heat-related illness **GO»**

- [Media Toolkit](#)
- [Watch for Signs](#)
- [e-learning >>](#)

- [Email page link](#)
- [Print page](#)
- [Get email updates](#)
- [Subscribe to RSS](#)
- [Listen to audio/Podcast](#)

View page in:
 Español (Spanish)



Keep your body temperature cool to avoid heat-related illness.

- Stay in air-conditioned buildings as much as possible.
- Find an air-conditioned shelter.
- Do not rely on a fan as your primary cooling device.
- Avoid direct sunlight.
- Wear lightweight, light-colored clothing.
- Take cool showers or baths.
- Check on those most at-risk twice a day.



Because your body loses fluids through sweat, you can become dehydrated during times of extreme heat.

- Drink more water than usual.
- Don't wait until you're thirsty to drink more fluids.
- Drink from two to four cups of water every hour while working or exercising outside.
- Avoid alcohol or liquids containing high amounts of sugar.
- Remind others to drink enough water.



Stay updated on local weather forecasts so you can plan activities safely when it's hot outside.

- Check local news for extreme heat alerts and safety tips.
- Learn the symptoms of heat illness.
- For more information, please click here.

Extreme Heat Resources

- [Climate Change and Extreme Heat Events Guidebook \[3.33 MB\]](#)
- [Excessive Heat Guidebook \[710 KB\]](#)
- [BAM! Body and Mind \(Safety Guidance for Kids\)](#)
- [Tracking Network/Extreme Heat](#)
- [Extreme Heat Infographic](#)
- [PSAs and Podcast](#)
 - [Keep Your Cool in Hot Weather](#)
 - [Keeping Cool in a Heat Wave](#)
 - [Stay Healthy and Safe in Hot Weather](#)
 - [Beat the Heat](#)



People aged 65 and older



People with chronic medical conditions



Outdoor workers



Infants and Children



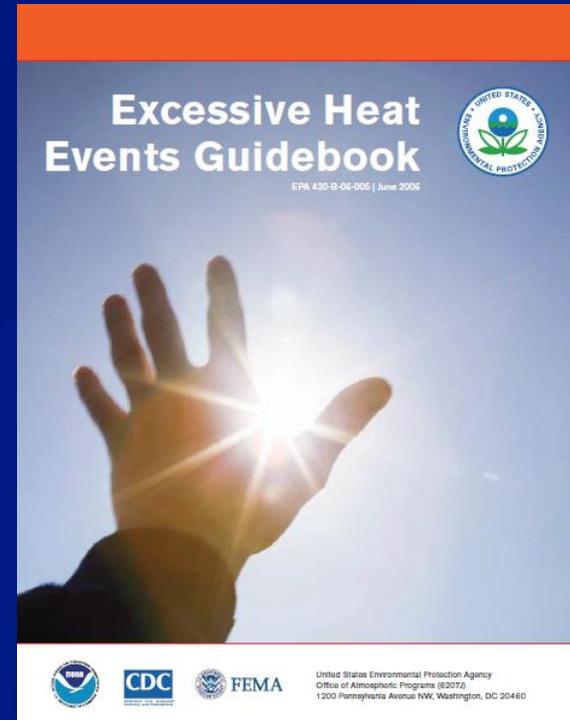
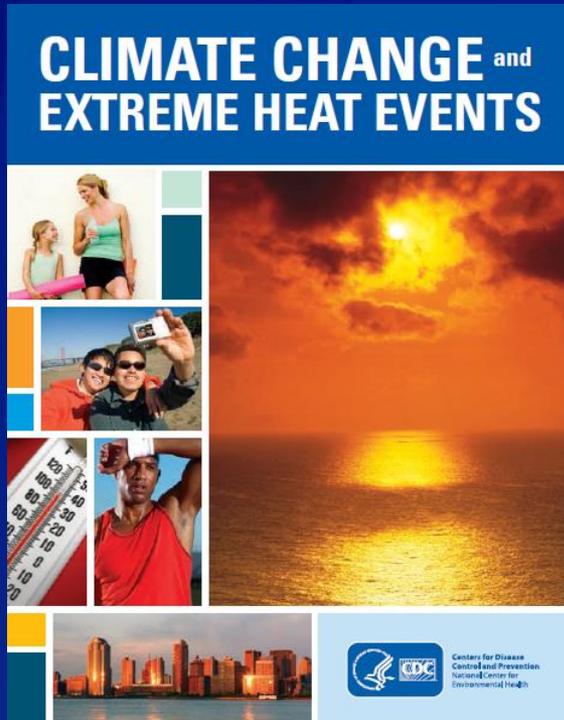
Low income



Athletes



Guidance for preventing heat-related illness



- Defining and responding to extreme heat events
- Climate change and extreme heat events
- Variables that affect extreme heat events
- Development and implementation of extreme heat event programs (case studies)

Objectives

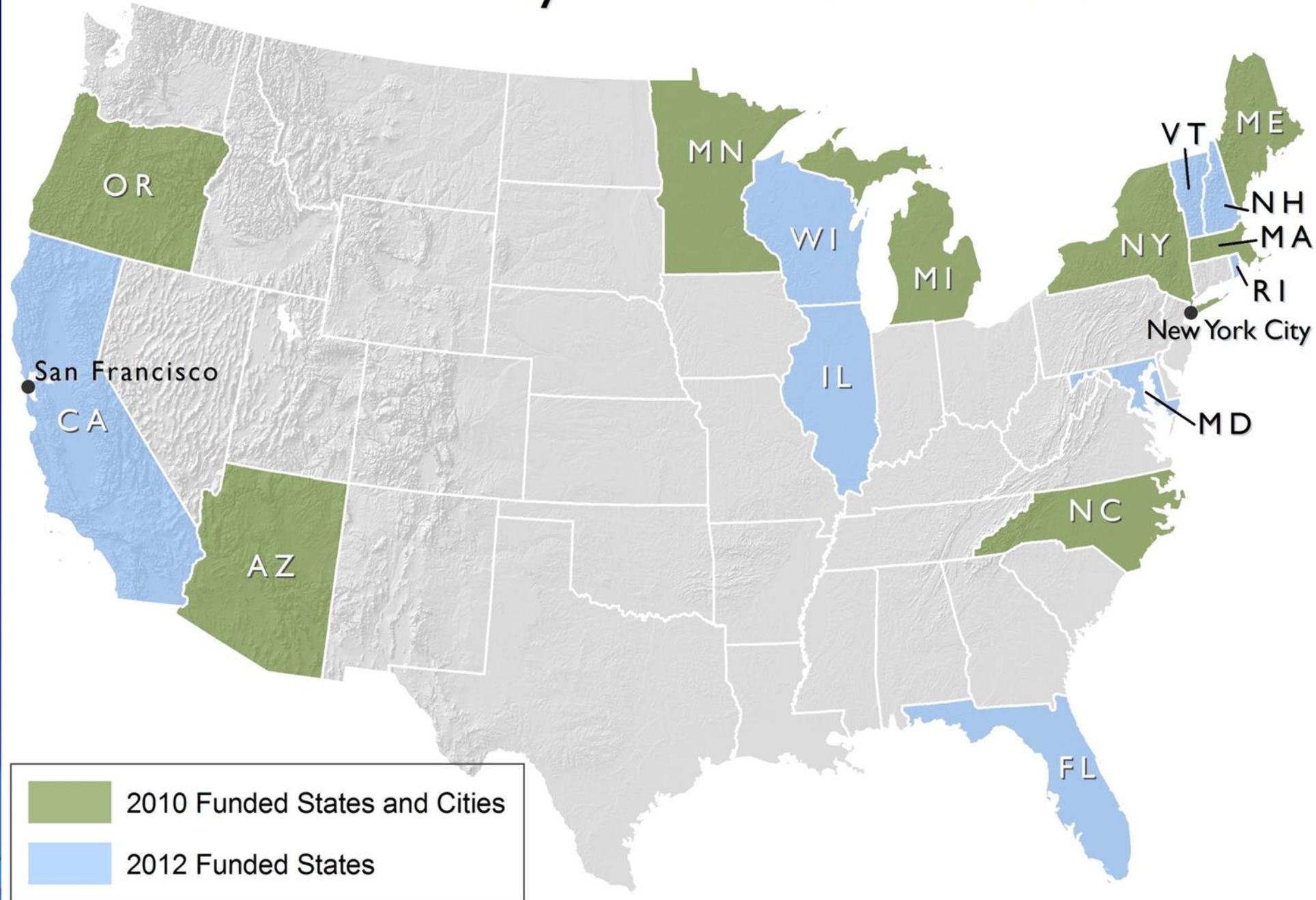
- ❑ **Review evidence for climate change and its impact on human health**
- ❑ **Describe CDC efforts to prepare for health effects of climate change**



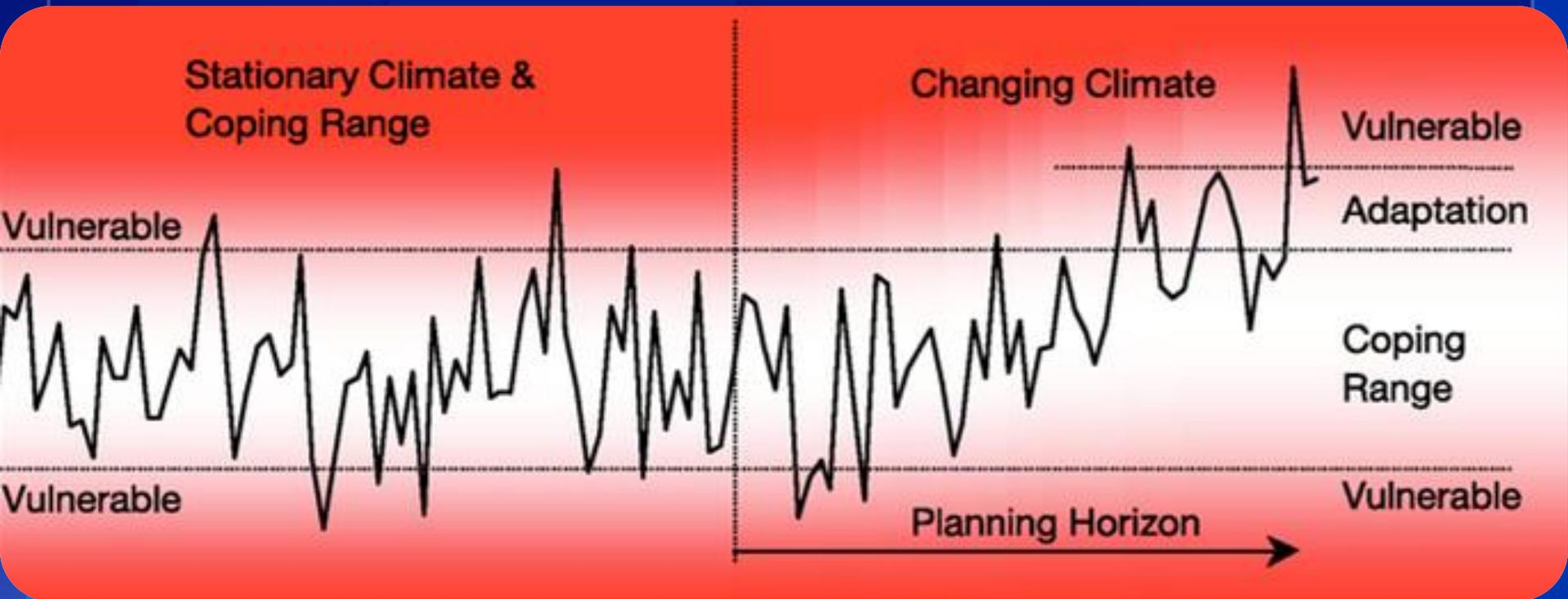
What is CDC doing to prepare for health effects of climate change?

- ❑ **CDC helps states and cities prepare for health challenges of climate change by:**
 - Providing scientific guidance
 - Developing decision support tools
 - Ensuring public health concerns are considered in climate change adaptation and mitigation strategies
 - Creating partnerships between public health and other sectors
- ❑ **CDC's Climate and Health Program –only Federal investment in climate change preparedness for public health sector**

CDC Climate Ready States and Cities Initiative



The Path Forward: Shifting the Coping Range



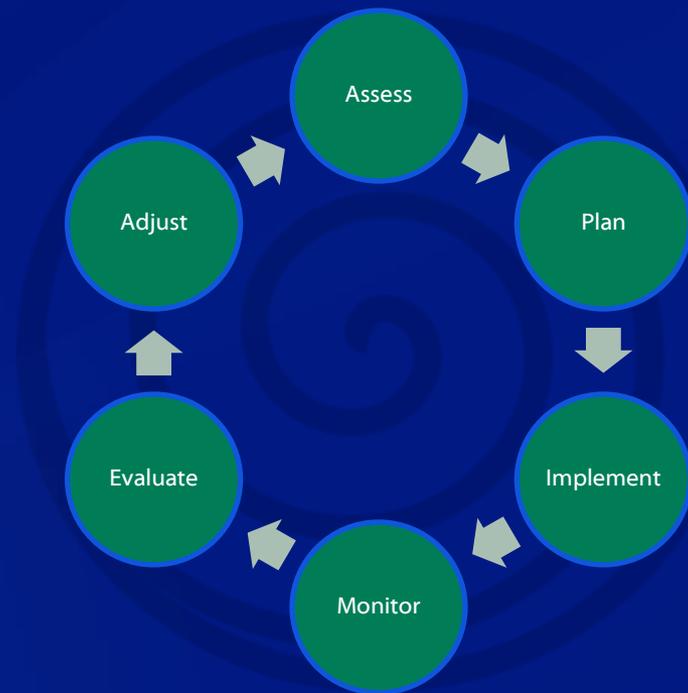
How to Shift a Coping Range?

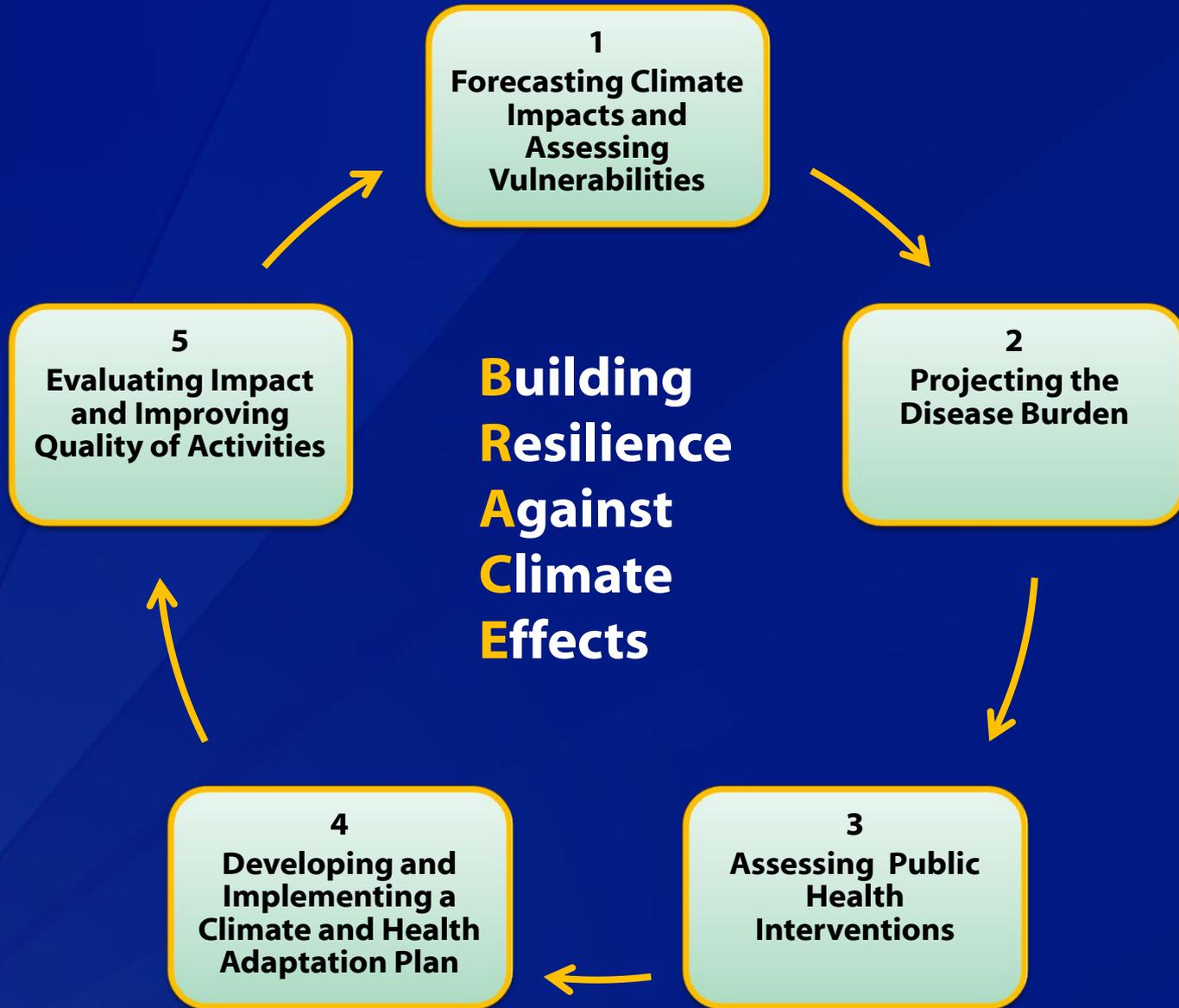
Integrating Climate Change Adaptation into Public Health Practice: Using Adaptive Management to Increase Adaptive Capacity and Build Resilience

Jeremy J. Hess,^{1,2,3} Julia Z. McDowell,^{1,2} and George Lubert¹

¹Climate and Health Program, Division of Environmental Hazards and Health Effects, National Center for Environmental Health, Centers for Disease Control and Prevention, Atlanta, Georgia, USA; ²Department of Environmental Health, Rollins School of Public Health, and ³Department of Emergency Medicine, Emory University School of Medicine, Emory University, Atlanta, Georgia, USA

- Return to the risk equation
 - Reduce hazard probability
 - Reduce hazard exposure
 - Reduce vulnerability
- It is an iterative process
- Requires modeling, learning, and adaptive management

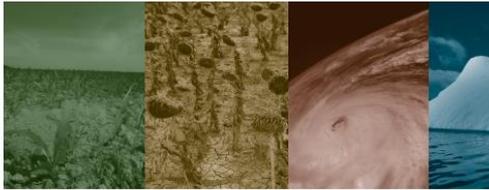




BRACE Technical Guidance

Climate Models and the Use of Climate Projections:

A Brief Overview for Health Departments



Climate and Health Technical Report Series

Climate and Health Program, Centers for Disease Control and Prevention

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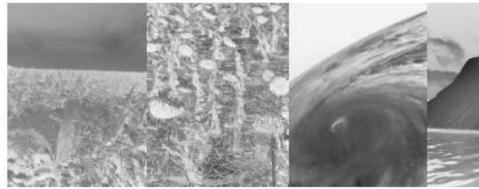
⁴Department of Environmental Health, Rollins School of Public Health, Emory University, Atlanta, GA, USA

National Center for Environmental Health
Division of Environmental Hazards and Health Effects



Assessing Health Vulnerability to Climate Change

A Guide for Health Departments



Climate and Health Technical Report Series

Climate and Health Program, Centers for Disease Control and Prevention

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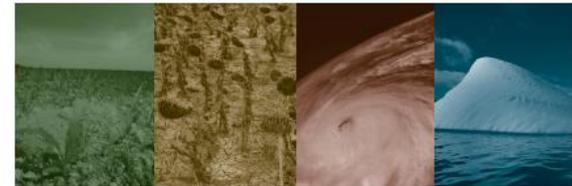
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Projecting Climate-Related Disease Burden:

A Guide for Health Departments



Climate and Health Technical Report Series

Climate and Health Program,
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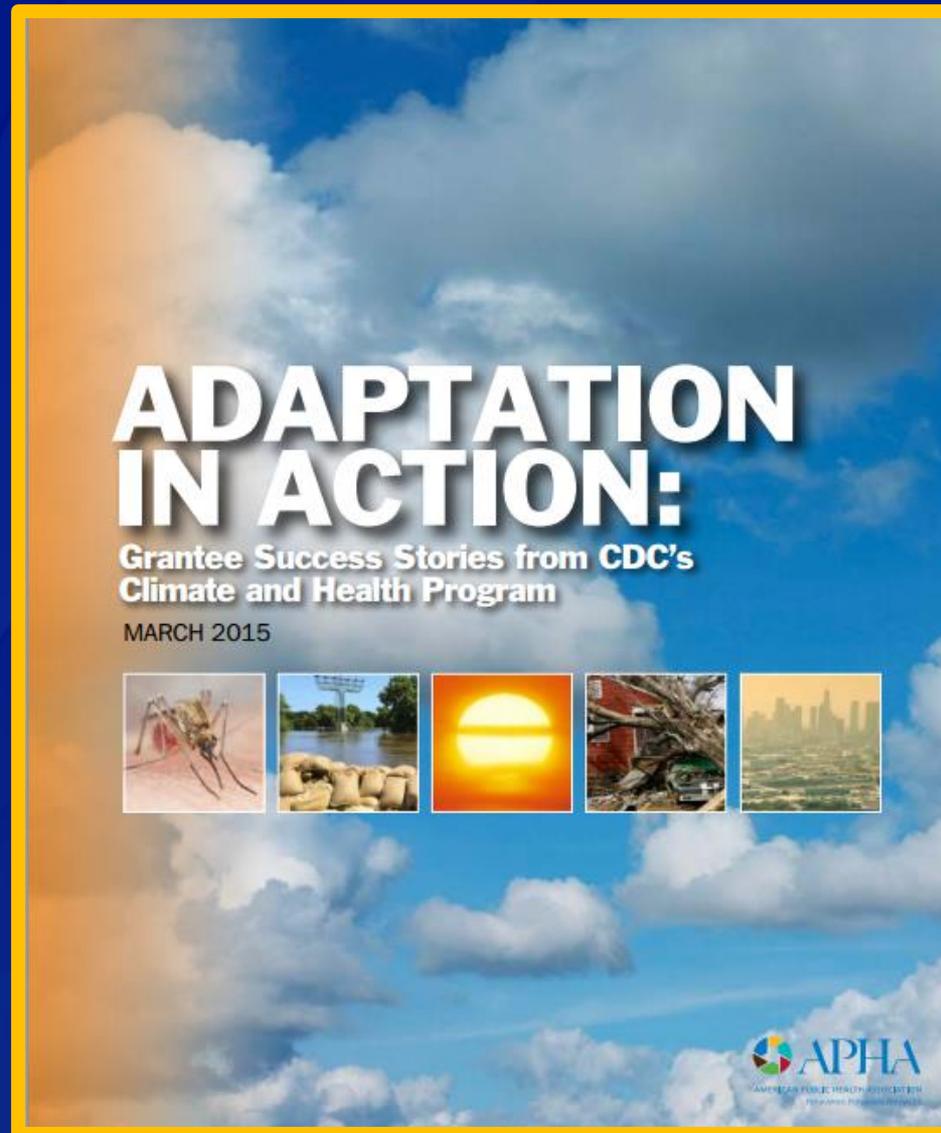
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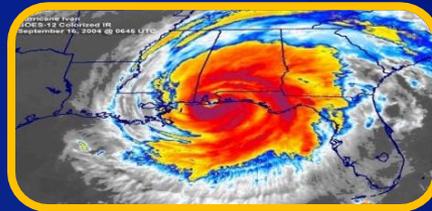
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Adaptation in Action





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The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

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