

Patricia A. Waniewski RN, MS

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RN License Number 342558-1 (New York)

EDUCATION:

2003-2004	Northeast Public Health Leadership Institute University at Albany, School of Public Health
1987	Master of Science (MS) Medical-Surgical/Administration Russell Sage College, Troy, NY
1974	Bachelor of Science Degree in Nursing (BSN) Villanova University Villanova, Pennsylvania

PROFESSIONAL EXPERIENCE:

Feb.2002-Present

Asthma Coordinator

New York State Department of Health, Albany, New York

Responsibilities: Accountable for directing, coordinating, implementing and monitoring the New York Statewide Asthma Plan, "*Translating Science into effective Public Health Practice*". Provides the locus of leadership for the coordination of all plan components in order to reduce the burden of asthma in New York. Those components include surveillance, healthcare, community based initiatives, research and environmental and occupational health. Work is accomplished through the management of a matrix based Department wide infrastructure that includes executive leadership, internal multidisciplinary teams and external partnerships. External partners include the New York City Department of Health, Health Care Association of New York State, New York State Health Plan Association, New York State Association of County Health Officials, Community Health Centers of New York State, the American Lung Association and others. Represents the NYSDOH Asthma Program on asthma related issues at the Center for Disease Control (CDC) and on other national workgroups.

Accomplishments:

- Operationalized a cross-departmental, matrix-based infrastructure to support Asthma Plan implementation and monitoring.
- Published asthma specific information on the New York State public web site.
- Designed and implemented a systematic framework and for evaluating the NYS Regional Childhood Asthma Coalitions.
- Created a multilevel strategy for the implementation of the NYS consensus asthma guideline.
- Analyzed state asthma plan effectiveness and led a re-visioning process based on the results

Oct. 2001- present

Consultant, Self Employed

Responsibilities: Provide consulting services in health systems and ambulatory care administration and management for a variety of health services based on needs of the organization.

Dec. 1994 - Sept. 2001
Director, Ambulatory Care Network
St. Peter's Health Care Services, Albany, New York

Responsibilities: Accountable for overall direction, development and performance management of all administrative, fiscal and clinical aspects of a primary/specialty care hospital based (article 28) network serving a diverse community. Scope of inpatient and outpatient services included: Internal Medicine, Pediatrics, OB/GYN, High Risk OB, College Health, and Dental Health including the Dental Residency Program. *Specific areas include:* strategic and business plan development; physician, clinical and administrative staff management; selective program/service expansion/consolidation; capital and operating budget development and management; clinical standards of care development; quality improvement and risk management; financial performance improvement; grant writing and administration; regulatory compliance and project management. Work accomplished through collaboration and partnership among key constituencies at multiple levels within the organization and the community.

Accomplishments:

- Transformed the "Ambulatory Care Network" from a collection of disparate services to a coordinated system of care.
- Developed and implemented a 5-year strategic and business plan. This provided the means for coordinated planning, performance improvement and management, as well as, the implementation of standard business, clinical and administrative systems and processes across 9 primary/specialty care locations and 3 MSO locations.
- Led 120 employees, including 25 physicians through significant changes in organizational culture, restructuring and downsizing, productivity and performance improvement, program and service development, and practice management.
- Managed a \$10 million dollar budget, 25 providers, 95 clinical and administrative support staff and 90,000 patient visits per year. Reduced the loss per physician from \$150,000 to less than \$30,000. Strategies related to revenue enhancement, cost reduction, physician management, patient care delivery model and skill mix, selective program expansion, site consolidation and downsizing contributed to improving the operating margin of the Network.
- Completed four major construction projects on time and under budget. Prepared the CON for full-time and part-time clinics. Met all regulations for the design and construction of an ambulatory medical facility.
- Developed and implemented the Ambulatory Care Network Quality Improvement Plan integrating the framework of clinical outcomes, access, patient/staff satisfaction and cost.
- Chaired the multidisciplinary quality improvement committee that directed, developed, implemented and modified standards of care related to each program. Monitored results through tracking, trending and analysis of both quantitative and qualitative data.
- Integrated Preventive standards of care into all programs.
- Met or exceeded the clinical benchmarks for pediatric immunization (standard of excellence recognized by the NYSDOH), PCAP, prenatal care in the first trimester, breast cancer screening, asthma, influenza and pneumonia immunization. Utilized access and cost indicators to expand Dental Health Services and added an after-hour program in Pediatrics and OB/GYN. Patient satisfaction data remained at or better than benchmark despite the many changes that were instituted in the Network.
- Successfully completed two JCAHO surveys for Ambulatory Care and CLIA-waived Laboratories. Participated on the Hospital-wide JCAHO steering committee.
- Solicited and received several grant/fundraising awards to expand or enhance programs and services to the community. Awarded and administered \$117,000 from the NYSDOH Primary Care Initiative Program to establish a primary care center in an urban HPSA. Received a \$230,000 DHSS grant to expand the Dental Health Service to serve an urban underserved population, enhance services to the elderly, and strengthen the Dental Residency Program. Received \$150,000 from the St. Peter's Hospital Foundation Capital Campaign to expand services to the poor and improve patient flow at an urban community health center.
- Wrote business plans for the development and implementation of a nurse-directed College Health

Service, Maternal Fetal Medicine Program, Nursing Home Dental Service, Nurse Midwife Program, Pediatric after-hours program, an expanded Internal Medicine program and a Nutrition Support Service.

- Established an Integrated Physician Group Practice culture focusing on self-governance, shared decision making and professional standards. Within this professional practice model, governing committees were established, a new physician compensation plan was implemented, physician contracts were standardized and physician performance was monitored.
- Established "St. Peter's Medical Group Practice, LLP" and prepared and submitted the tax-exempt application for the corporation.
- Designed and implemented a new ambulatory patient-care delivery model. This brought major system changes in overall operations, care management and patient flow in the areas of telephone management, patient reception, scheduling, registration, skill mix, charge entry, prescription and referral management, telephone triage and care coordination. These changes contributed to improved access, care management and resulted in a \$200,000 salary savings.
- Designed and led the implementation of a differentiated nursing practice model within St. Peter's Healthcare Services.

Jan. 1990 - Dec. 1994

Manager

St. Peter's Hospital Wellness Center

St. Peter's Health Care Services, Albany, NY

Responsibilities: Development, implementation and evaluation of primary and secondary prevention programs and specialty services that responded to the needs of the community and supported the mission of the organization. Program components included: Cardiovascular Risk Reduction, Breast Screening Service, Occupational Medicine, Employee Wellness and Health Promotion, Executive Health, College Health, Clinical Nutrition, Community Education and Outreach activities. Accountable for the management of human, material, and financial resources, regulatory compliance and the day-to-day operations of programs and services.

Accomplishments:

- Managed a \$700,000 budget, 4.5 providers, 6 clinical and administrative support staff and 16,000 patient visits per year.
- Saved \$160,000 through program consolidation and the establishment of a physician private practice, nutrition-support service.
- Competed for and negotiated the contract for the provision of primary student health care services for a local college. This low-cost, advanced practice, nursing model contributed to significant cost savings and enhanced services for the college's Student Health Service.
- Developed and implemented the St. Peter's Hospital Cardiovascular Risk Reduction Program (CVRRP). Components of the CVRRP included: Cardiovascular Risk Assessment, Smoking Cessation, Lipid Disorders, Obesity and Eating Disorders (Adults and Children), Diabetes Management, Physical Activity and Lifestyle Management.
- Standards of care developed for each CVRRP component. Monitored outcomes against standards and modified program.
- Founding member of the Healthy Heart Coalition of Albany County (HHCAC).
- Designed and Implemented "Health Challenge" a competitive, employee primary prevention and community-based intervention program. 11,000 employees of the HHCAC members participated.
- Integrated risk assessment, education and referral into the care of all inpatients with a primary diagnosis of acute MI, PTCA, and CABG.
- Managed over 40 contracts with local and regional companies in meeting their Occupational and Executive Health needs. Services included: Health Risk Appraisals, Comprehensive Physical examination, pre-employment physicals, employee immunization, post-exposure control plan, laboratory services including drug testing, company screening programs and company health promotion education programs.

1973 - 1994

Navy Nurse Corps Officer, Lieutenant Commander
United States Naval Reserve, Honorable Discharge

1993-1994: Inactive Naval Ready Reserve (IRR)

ABSTRACTS/ PUBLICATIONS/PRESENTATIONS:

Waniewski, P., Gesten, F., Anarella, J., McCauley, S. (2005) *Best Clinical and Administrative Practices Collaborative: Improving Asthma Care in NYS*, Presentation at the New York City Asthma Partnership (NYCAP) annual meeting, December 2005.

Dowling, John, Lyon-Callo, Sarah, Jensen, Kirsten, Waniewski, Patricia (2005), *Health System Change*, presentation at the 2005 CDC Asthma Grantee Meeting, Denver, February, 2005.

Ellemberg, Cheryl M., Waniewski, Patricia A., Nguyen, Trang Q., Medvesky, Michael G., Haskin, Donna, Fuller, Karen, Spor, Denise, Mair, Aaron (2004) *Linking Asthma Surveillance to Case Management in NYS* (abstract), presentation at the 2004 CDC National Asthma Conference, Atlanta, April 2004.

Waniewski, Patricia A., Ellemberg, Cheryl, Nguyen, Trang, McCauley, Susan, Campbell, William, Medvesky, Michael (2004) *Effectiveness of the New York State Childhood Asthma Coalitions* (abstract), presentation at the 2004 CDC National Asthma Conference, Atlanta, April 2004.

Waniewski, Patricia A., Ellemberg, Cheryl, Nguyen, Trang, McCauley, Susan, Campbell, William, Medvesky, Michael (2003) *Process of Evaluating the New York State Childhood Asthma Coalitions* (abstract), Presentation at the American Public Health Association Annual Meeting, November 2003.

Nguyen, Trang, Waniewski, Patricia A., Ellemberg, Cheryl M., and Medvesky, Michael (2002) *Demographic Differences Among High Cost Asthmatics in New York* (abstract). Presentation at the CDC National Asthma Conference in Atlanta, October 2002.

Waniewski, Patricia A., and Manjunath, Kallanna, MD (2000) *Hospital Based Physician Group Practice: Improving Clinical and Financial Performance*. Presentation at the annual Ambulatory Care Network teaching symposium, St. Peter's Health Care Services, Albany, NY.

Waniewski, Patricia A. (1997) *Quality Improvement Systems: Large Group Initial Installation*. Presentation at the 1997 Medical Group Management Association (MGMA) annual meeting entitled MGMA Systems for Benchmarking in Medical Group Practice.

Waniewski, Patricia A., French, Kim D., and Swasey, Judith (1996) *Health Challenge Promotes Primary Prevention*. Wellness Management, National Wellness Association, 1996.

Waniewski, Patricia A. (1994) *Lowering Medical Costs through Preventive Care*. Glens Falls Business Journal, Business Report, 1994.

Waniewski, Patricia A. (1994) *Preventive Health Care Can Help a Firm's Bottom Line*. Capital District Business Review, July 18, 1994.

Cashin, Heather, and Waniewski, Patricia A. (1994) *Perceived Health Needs and Health Issues among Young Adult College Undergraduate Students: Implications for Program Development* (Graduate Student Research Project prepared for and to presented Siena College).

Waniewski, Patricia A. (1994) *The Future Role of Nursing in Ambulatory Care*. Presentation to the New York State Nurses Association District Meeting, February 1994.

Waniewski, Patricia A. and D' Arcangelis L. (1993) *The Development of a Hospital Based Cardiovascular Risk Reduction Program*. Presentation to the Board of Directors, St. Peter's Health Care Services and implemented at St. Peter's Hospital, Albany, NY.

Waniewski, Patricia A. and Chikkappa, G., MD (1989) *Attitudes among New York State Nurses towards the Naval Reserve* (abstract). Presented at the Association of Military Surgeons Annual Meeting, San Diego, CA.

Levielle, N. and Waniewski, P.A. (1987) *Self-Esteem and Perceived Health State among Young Adult Women*. (Master's thesis, unpublished). Presented in part at Sigma Theta Tau, Nursing Research Day, Albany, NY.

Waniewski, P.A. (1979) Critical Care Nursing Policy and Procedure Manual, Navy Publication, National Naval Medical Center, Bethesda, MD.

COMPUTER SKILLS: Windows, MS Word, Excel, Power Point, MS Outlook, Lotus Notes, SMS, Invision Scheduling, Internet navigation using MS Explorer or America Online.

PROFESSIONAL SOCIETIES:

American Public Health Association (APHA)
Medical Group Management Association (MGMA)
MGMA Primary Care Assembly
American Society of Ambulatory Care Professionals
New York State Nursing Association

HONORS AND AWARDS:

2006	Town of Bethlehem Chamber of Commerce, Citizen of the Year Award
2005	NYS Department of Health Commissioner's Recognition Award
1994	1994 Northeastern Regional New York State Nurse of Distinction
1989	Navy Achievement Medal Navy Gold Wreath Award Letter of Commendation, National Director, Navy Nurse Corps Letter of Commendation, Commander, Naval Reserve Force
1987	Nominated member of Phi Kappa Phi, National Honor Society
1974, 1991	National Defense Medal, U.S. Navy
1974	Who's Who in American Colleges and Universities
1973	Commissioned Officer, U. S. Navy

INTERESTS: Tennis, Hiking, Colonial Architecture, Antiques, Gardening, Traveling