



Update on *Clostridium difficile* Infection



Nothing to Disclose



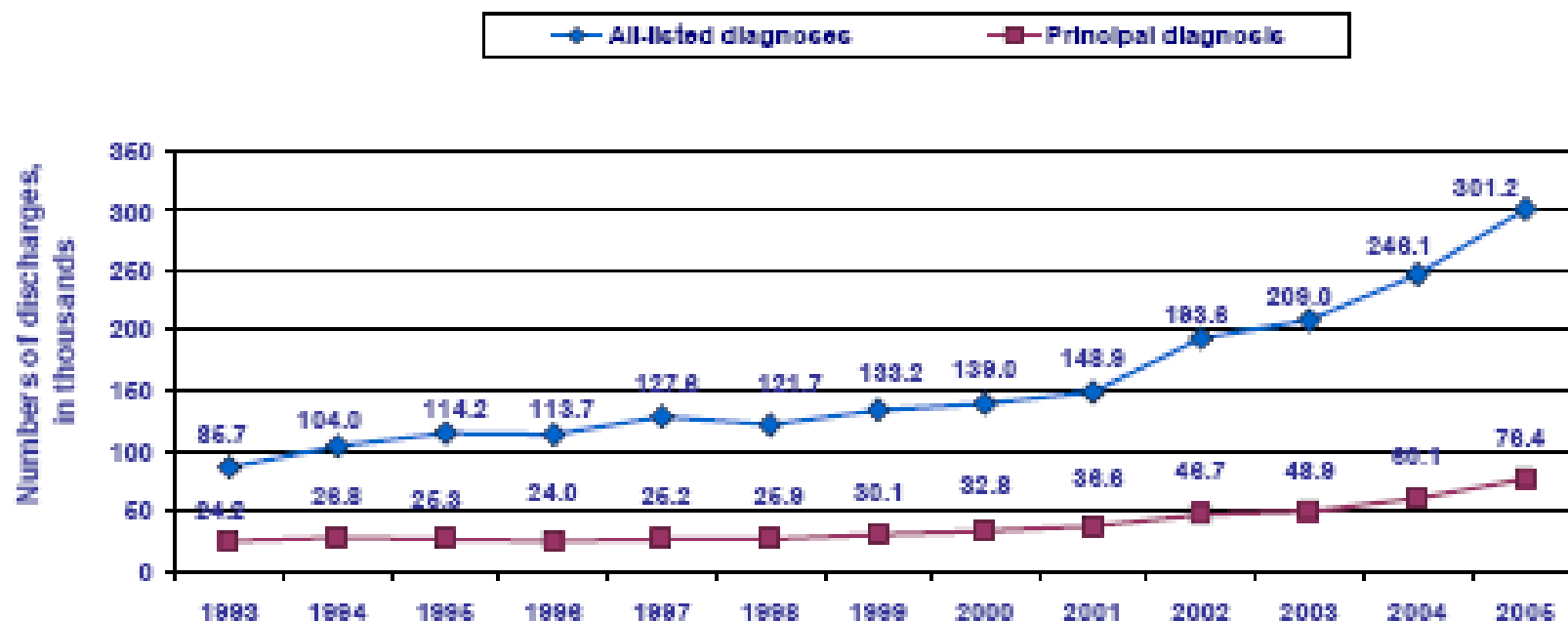
L. Clifford McDonald, MD, FACP, FSHEA
Division of Healthcare Quality Promotion

The findings and conclusions in this presentation are those of the author and do not necessarily represent the views of the Centers for Disease Control and Prevention

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Figure 1. Trends in hospital stays associated with Clostridium difficile-associated disease, 1993-2005

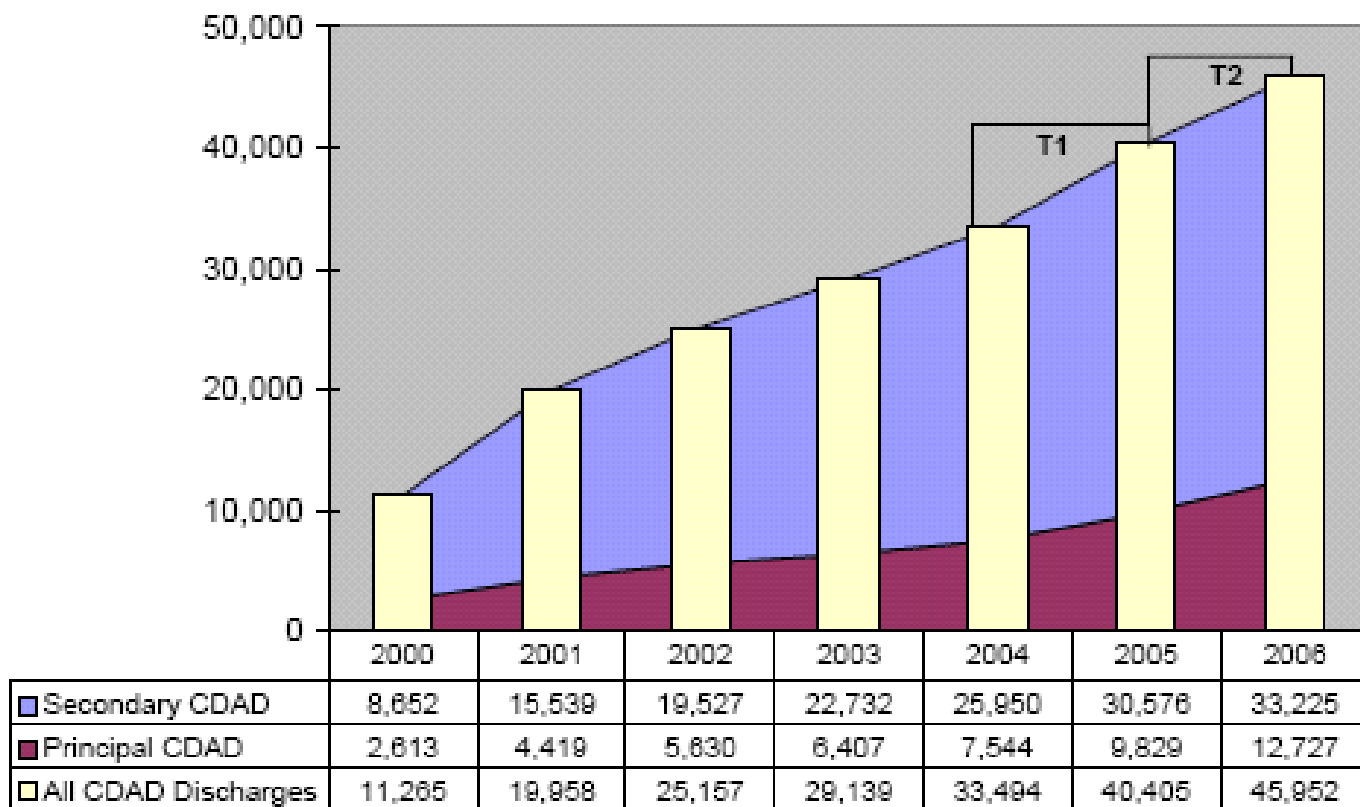


Source: AHRQ, Center for Delivery, Organization, and Markets, Healthcare Cost and Utilization Project, Nationwide Inpatient Sample

Evidence of Continued Increase in 2006 (Premier Inc. Data)

The incidence of CDAD increased from 6.9 to 7.3 cases per 1000 admissions from T1 to T2 ($p < 0.001$).

Total CDAD Hospital Discharges 2000 - 2006



McDonald LC, et al. Presented at the 45th Annual Meeting of the Infectious Diseases Society of America (IDSA), October 4-7, 2007; San Diego, CA.



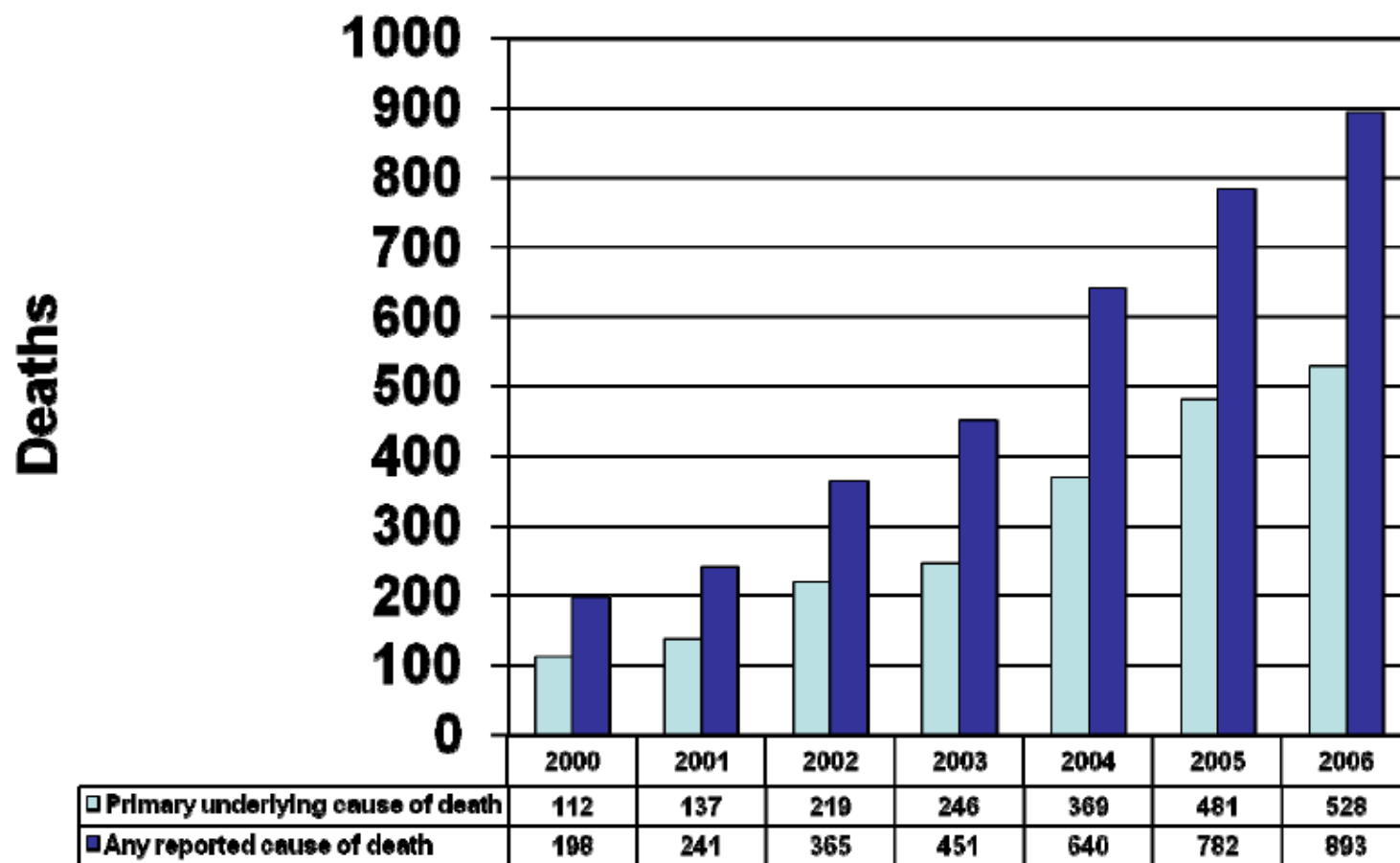
Public Reporting in Ohio, 2006

Relative importance of long-term care setting



- Approximately 14,100 cases
 - Hospital onset
 - ~5,000 initial cases; 7–8 per 10,000 patient-days
 - ~1,200 recurrent cases; 1–2 per 10,000 patient-days
 - Long-term care facility onset
 - ~4,800 initial cases; 2–3 per 10,000 patient-days
 - ~3,100 recurrent; 1–2 per 10,000 patient-days

**Figure 3. Enterocolitis due to *C. difficile* Resident Deaths ,
Ohio, 2000-2006
(ICD-10 A04.7)**



Source: Ohio Vital Statistics Certificates of Death, 2000-2006



Public Reporting in Ohio, 2006

Implications for U.S. Public Health



- Ohio
 - 18,200 cases after adjusting for missing data
 - 7,000 in hospitals
 - 11,200 in nursing homes
 - 893 deaths according to death certificates
- Extrapolated to the United States
 - 474,000 cases
 - 182,000 in hospitals
 - 292,000 in nursing homes
 - 23,000 deaths
- These remain underestimates of the total burden of CDI, both in Ohio and the United States



Outcomes of CDI in Setting of Endemic Disease



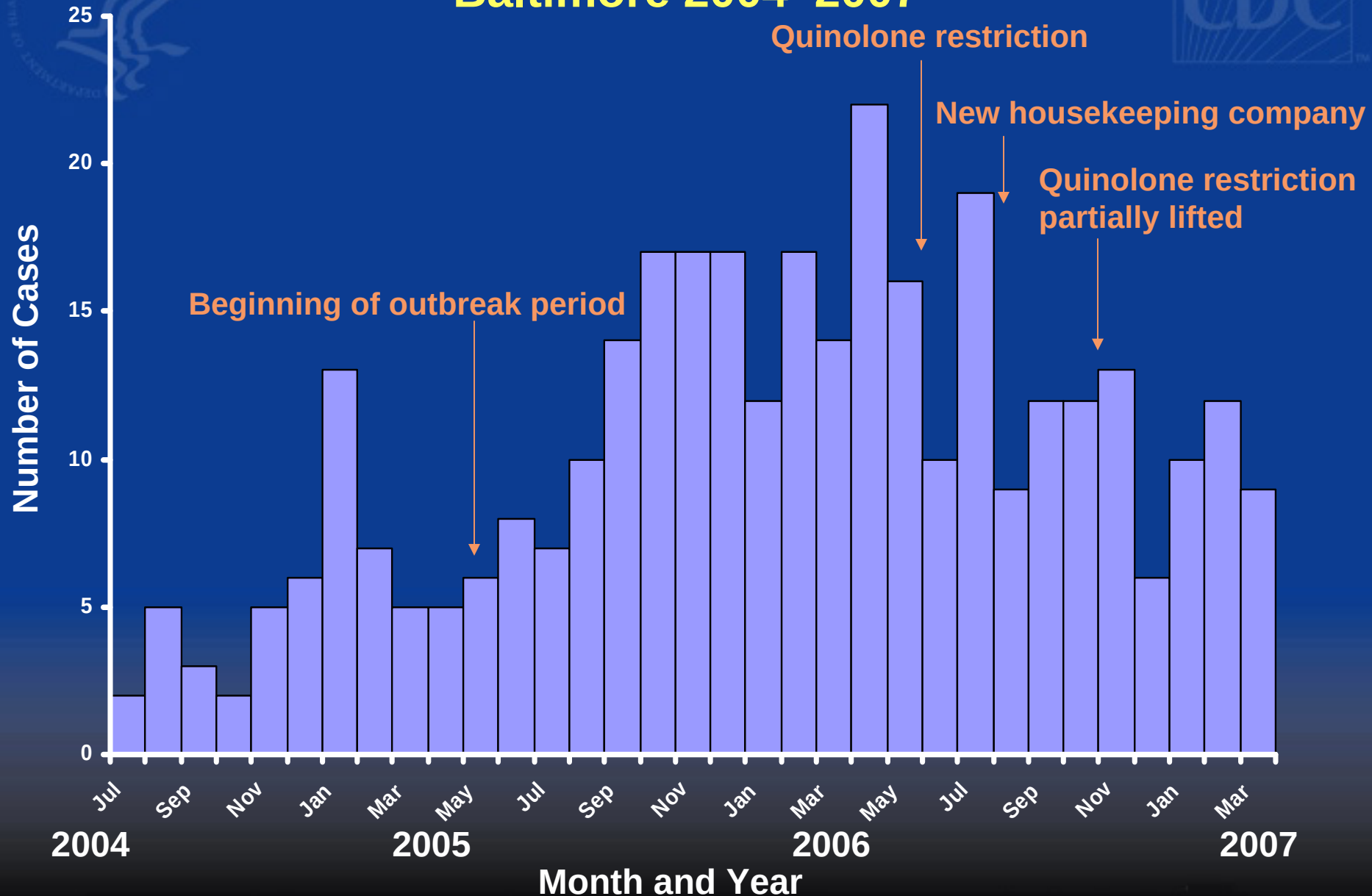
- Excess costs
 - \$2,380 to \$3,240 per index hospitalization
 - \$3,797 to \$7,179 inpatient costs over 180 days of follow-up
- Other outcomes
 - 2.8 days attributable excess length of stay
 - 19.3% attributable readmission (180 days)
 - 5.7% attributable mortality (180 days)
 - More likely discharged to long-term care

Dubberke ER, et al. *Clin Infect Dis*. 2008;46:497-504.

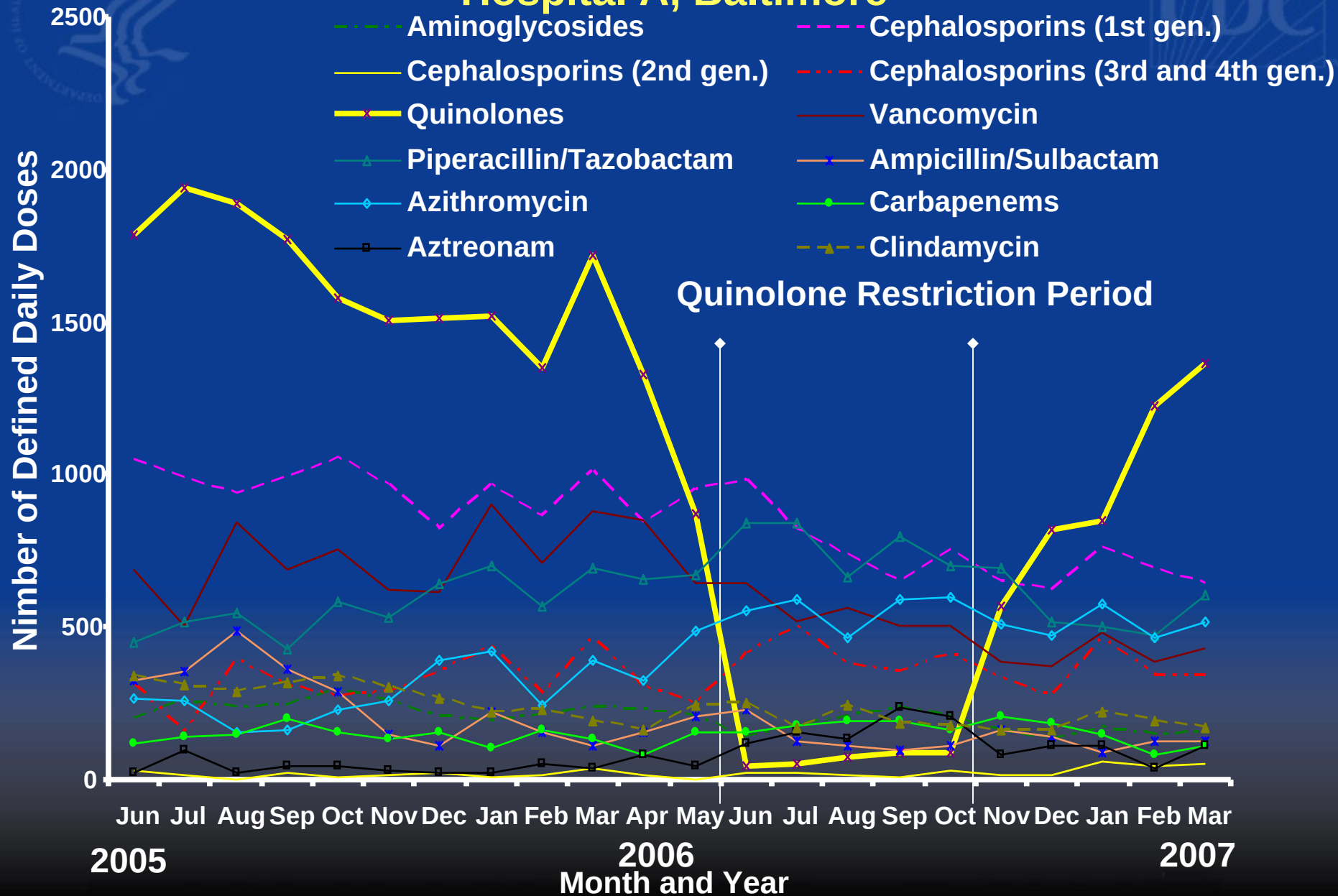
Dubberke ER, et al. 17th Annual Meeting of The Society for Healthcare Epidemiology of America (SHEA), April 14-17, 2007; Baltimore, MD.

Unpublished data.

Interventions to End an Outbreak, Hospital A, Baltimore 2004–2007



Defined Daily Doses of Most Commonly Used Antibiotics, Hospital A, Baltimore





Cases of Severe Pregnancy-Associated CDI

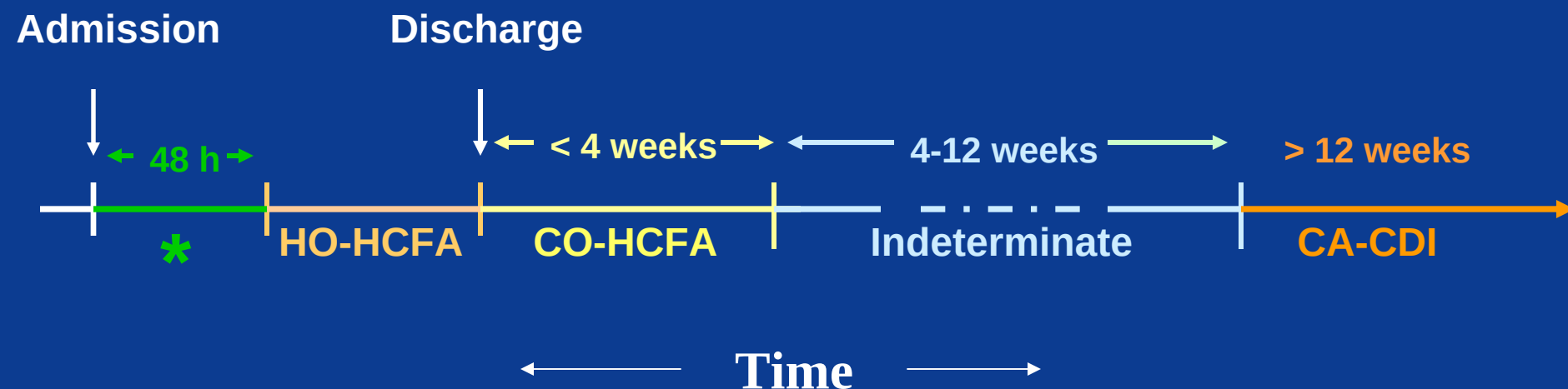


- 10 Cases*
 - Only three with prior hospitalization
 - One without antimicrobial exposure
 - Six prepartum, three of four postpartum cases within 1 week of delivery
 - Six required intensive care unit for toxic megacolon
 - Two with evidence of NAP1
 - Five required colectomy
 - Three maternal deaths, three fetal losses

Rouphael NG, et al. *Am J Obstet Gynecol*. 2008; in press.

*Data from Ghai S, Ghai V, Sunderj S. *Obstet Gynecol*. 2007;109(2 Pt2):541-543; and CDC. *Morbid Mortal Wkly Rep*. 2005;54:1201-1205.

Recommendations for Surveillance of *Clostridium difficile* Infection



HO: Hospital (Healthcare) onset

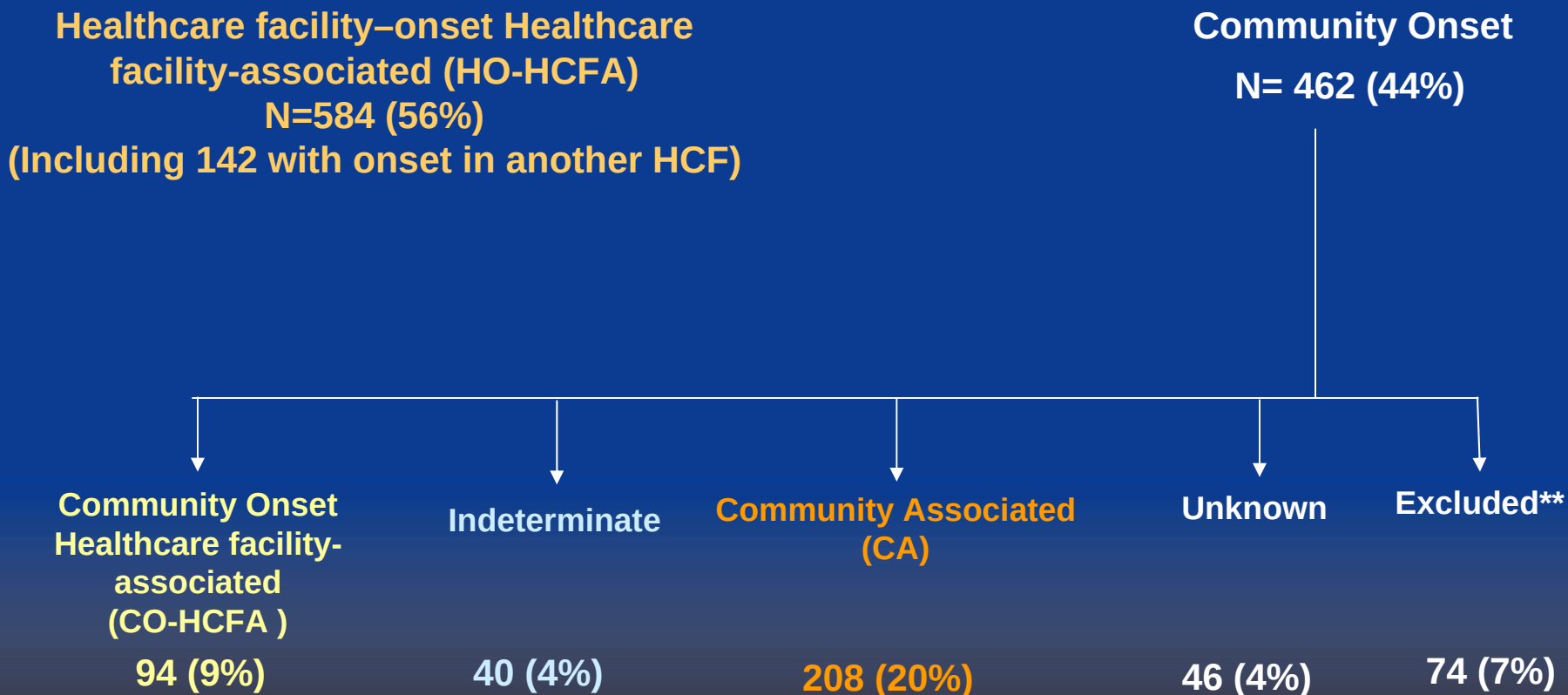
CO-HA: Community Onset Healthcare-associated

CA: Community Associated



Depending upon whether patient was discharged within previous 4 weeks,
CO-HA vs. CA

***Clostridium difficile*–associated Disease (CDAD) cases
N = 1046**



****Excluded:**

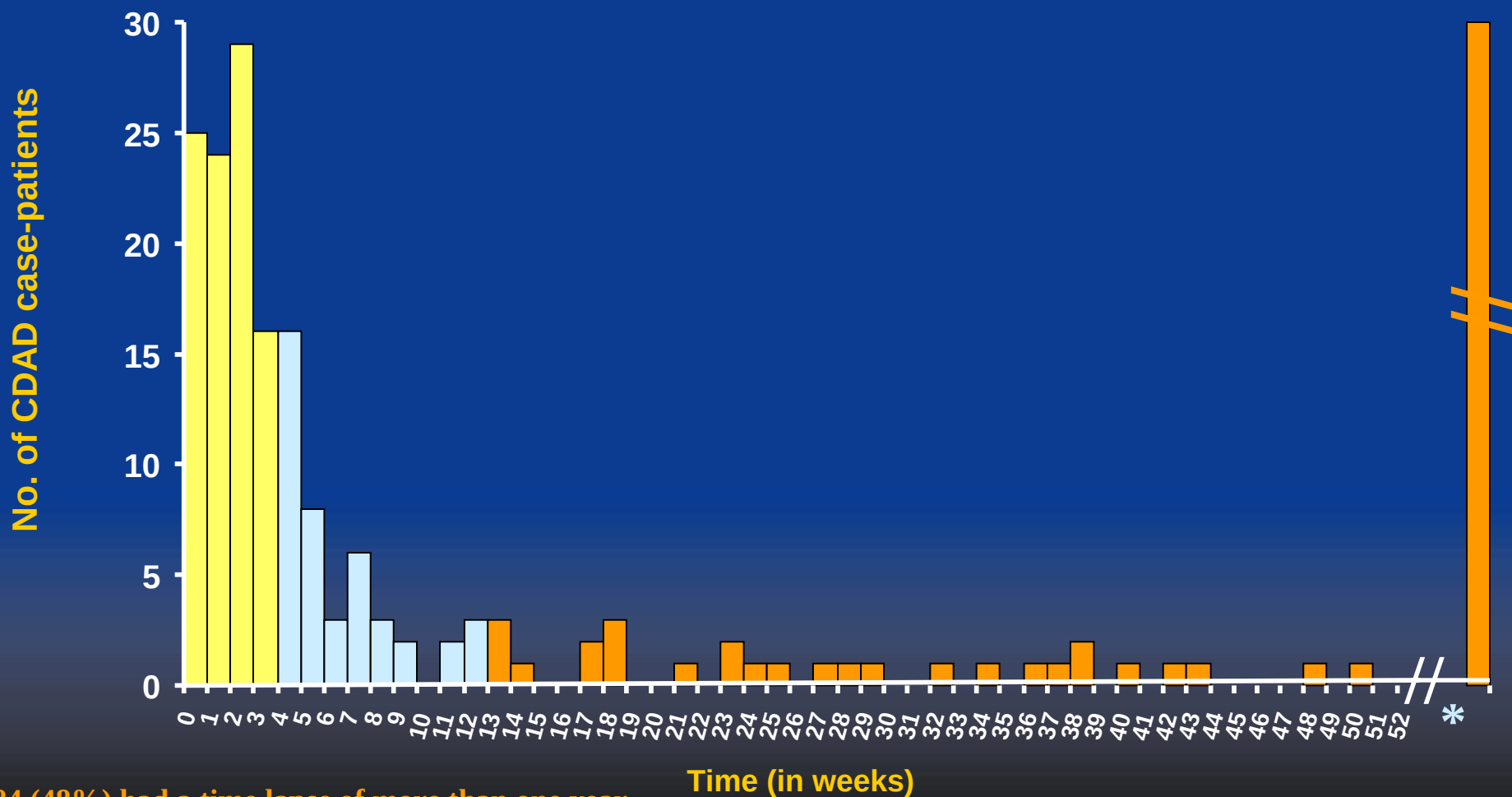
Prisoner: 8

Out of State:20

Bone Marrow Transplant: 17

Hemodialysis:29

Community Onset CDI Relative to Previous Discharge, North Carolina, 2005 (N=348)



* 184 (48%) had a time lapse of more than one year

Adapted from Kutty PK, et al. *Infect Control Hosp Epidemiol.* 2008;29:197-202.

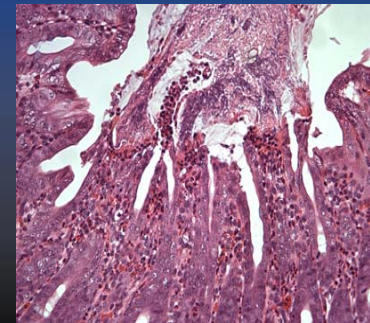
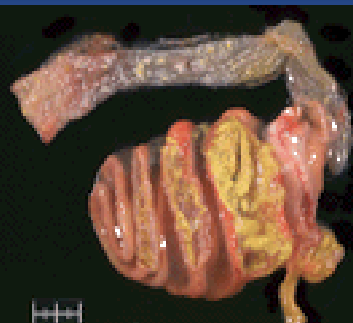


Surveillance for Community-Associated *Clostridium difficile* — Connecticut, 2006

Characteristic	No.	(%)
Clinical features		
Abdominal pain (n = 222)	169	(76)
Vomiting (n = 221)	50	(23)
Diarrhea [†] (n = 236)	227	(96)
Bloody diarrhea (n = 209)	48	(23)
Fever [§] (n = 203)	56	(28)
Predisposing risk factors		
Previous health-care exposure (n = 214)	63	(29)
Overnight hospitalization or long-term-care facility stay during preceding >3 to 12 months (n = 222)	34	(15)
Day surgery during preceding 12 months (n = 217)	36	(17)
Underlying medical condition (comorbid condition) (n = 220)	147	(67)
Any antibiotic use during 3 months preceding symptom onset (n = 227)	154	(68)
Clindamycin (n = 121)	19 [¶]	(16)
Fluoroquinolones (n = 121)	42 [¶]	(35)
Other ^{**} (n = 121)	54 [¶]	(45)

CDI in Piglets

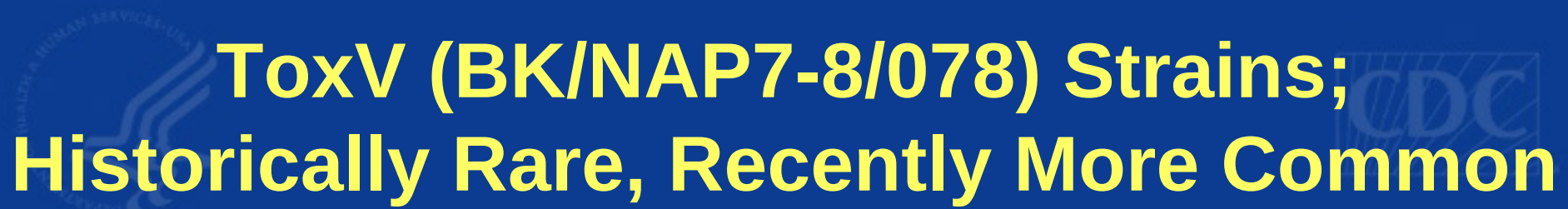
- < 7 days of age, “scouring from birth”
 - pasty, yellow colonic contents; constipation; obstipation
- Mesocolonic edema; suppurative foci in colonic lamina propria; volcano lesions
- Apparent increase or emergence around the year 2000
- Little evidence to support link to antimicrobial use



Slide courtesy of J. Glenn Songer

Epidemic Animal Strains Share Characteristics with the Human Epidemic Strain

Characteristic	Human Standard Strains	Human Epidemic Strain	Porcine Epidemic Strains	Bovine Strains
Toxinotype	0	III	V	V
PCR ribotype	001 and others	027	078	078
PFGE pattern	<80% related to NAP1	NAP1	NAP7 & NAP8	NAP7
Binary toxin	—	+	+	+
Deletion in <i>tcdC</i>	—	18 bp	39 bp	39 bp
TcdC protein	233 aa	65 aa	61 aa	61 aa



ToxV (BK/NAP7-8/078) Strains; Historically Rare, Recently More Common

Time

Tox V Isolates

Prior to 2001

10/6000

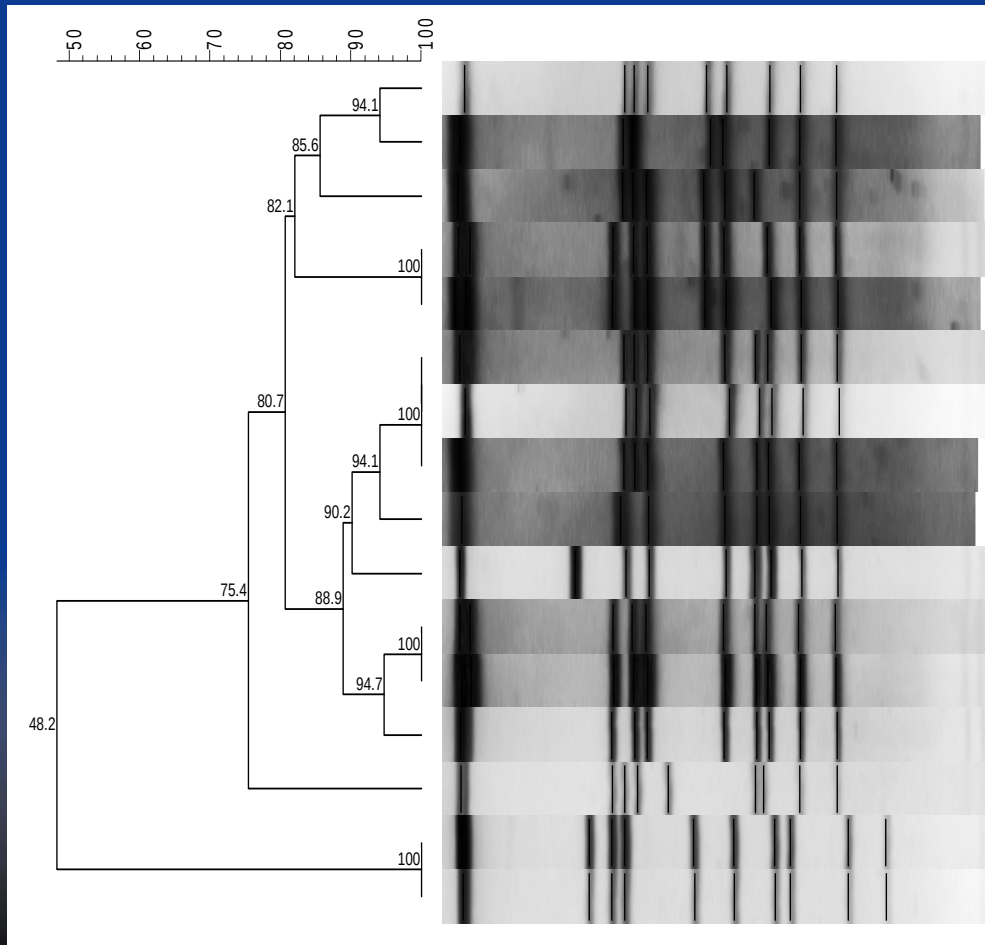
2001-2005

10/600

2006

6/125

Human CDAD Caused by Strains Similar to Animal Epidemic Strains, 2001–2006



Source	Toxin type	Binary toxin	tcdC deletion
Human	V	+	39 bp
Human	V	+	39 bp
Pig	V	+	39 bp
Pig	V	+	39 bp
Pig	V	+	39 bp
Human	V	+	39 bp
Hosp Env	V	+	39 bp
Human	V	+	39 bp
Human	V	+	39 bp
Human	V	+	39 bp
Human	V	+	39 bp
Pig	V	+	39 bp
Pig	V	+	39 bp
Pig	V	+	39 bp
Pig	V	+	39 bp
Pig	V	+	39 bp

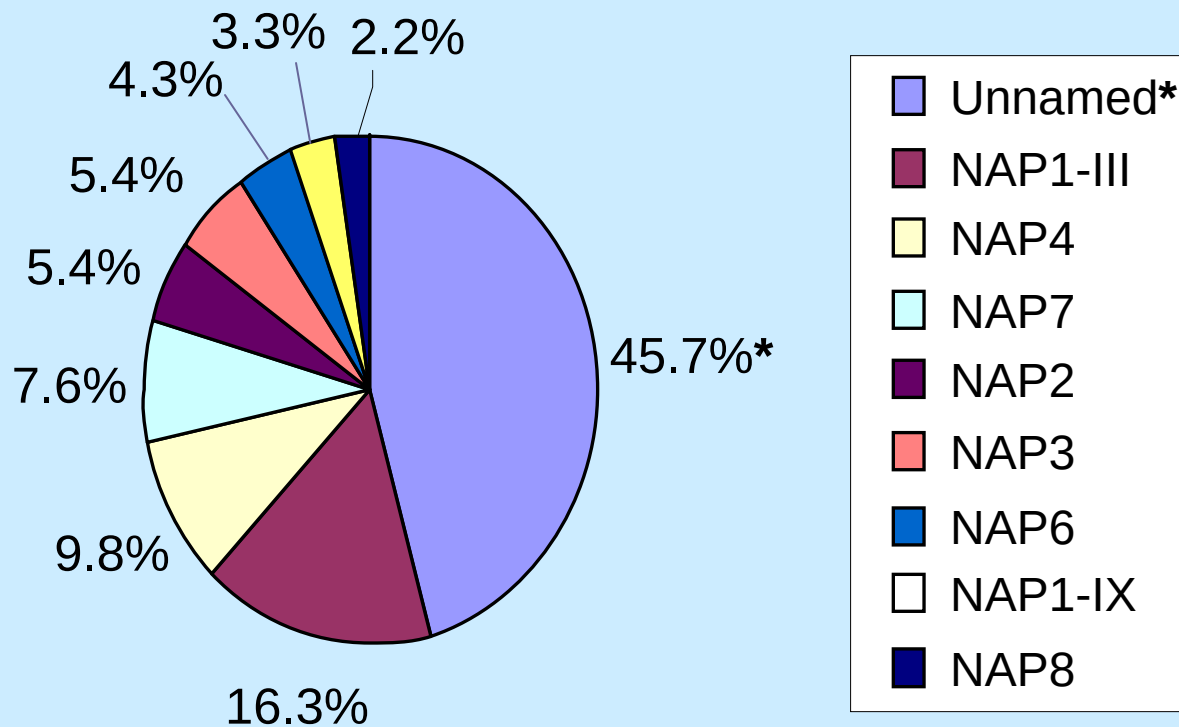


Enhanced Surveillance for Strains Causing CDI in Community



- 10 FoodNet sites across the United States, collected over a 3-month period
- *C. difficile* cultured from stool of patients who met community-associated criteria (CA-CDI)
 - *C. difficile* toxin–positive stool specimen collected as an outpatient or within 72 hours of admission
 - No hospitalization in the preceding 3 months
- 92 isolates from nine states submitted to CDC for ID and typing

Recognized PFGE Patterns Among CA-CDI Isolates, N=92

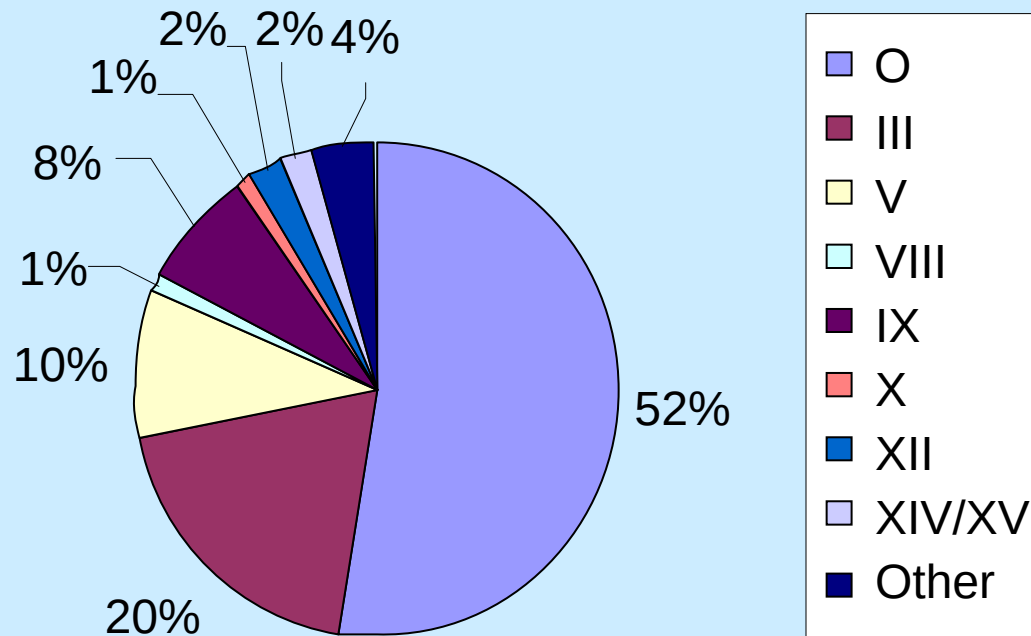


* Unnamed group is composed of 24 unique patterns

PFGE=pulsed field gel electrophoresis.

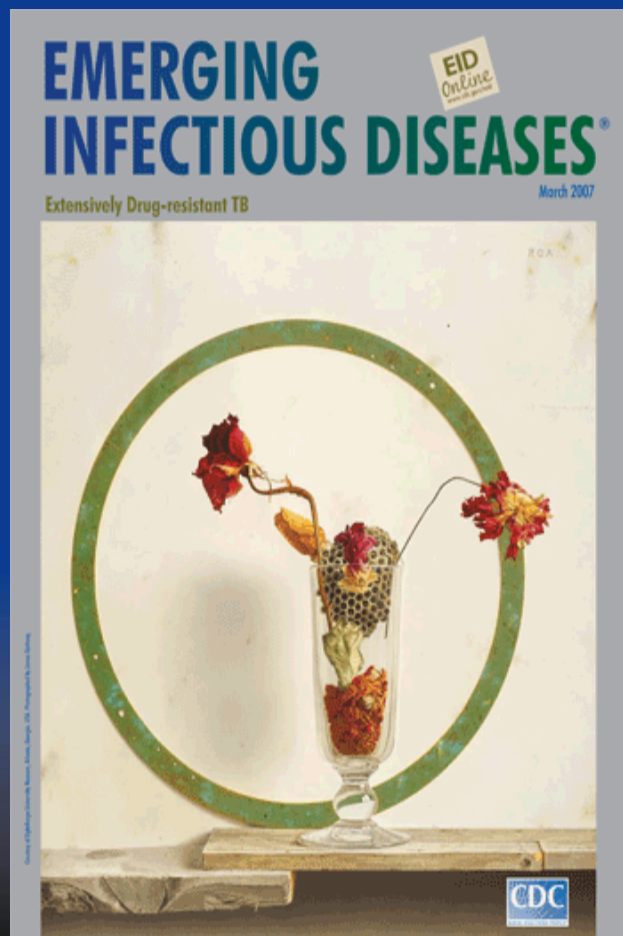
Limbago BM, et al. Second International *Clostridium difficile* Symposium, June 6-9, 2007; Maribor, Slovenia.

Toxinotypes Represented Among CA-CDI Isolates, N=92



Clostridium difficile in Retail Ground Meat, Canada

A. Rodriguez-Palacios, H. R. Stämpfli, T. Duffield, and J.S. Weese



March 2007



Summary

- Rates, mortality, and costs associated with CDI continue to increase
- Much of this increase may be due to emergence and spread of BI/NAP1/027
- Disease becoming more notable in previously low-risk populations
- Community-associated disease appears associated with variant toxinotypes
- Ecologic evidence for animal-to-human transmission of toxinotype V strains